



DEEPPDENE

UNIVERSITY OF THE THIRD AGE

ABN: 12 241 330 302

www.u3adeepdene.org.au

TERM 2 2020 PROGRAM GUIDE

Monday 20 April – Friday 19 June



In these uncertain times, watch your emails for updates on the Program!!

The Program Guide is in five parts:

- ◆ News and Views (N & V)
- ◆ Short Courses (S)
- ◆ Technology Courses (T)
- ◆ Special Outings and Visits (V)
- ◆ *Full Year Courses 2020 is a separate document (see website)*

All enrolments will be via our on-line system

The arrangements for enrolments are shown on the final pages and help is available in the Office.

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Office and main meeting rooms:

Balwyn Park Centre, Balwyn Park,
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(see page 30 for other venues)

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NEWS AND VIEWS

Thursdays 12 noon to 1 15 pm

Note the venue – Balwyn Park Centre, 206A Whitehorse Road, Balwyn

Presenters of News and Views sessions have played, or are playing, an important part in the life of our community. Presentations will be approximately 30 – 40 minutes and will be followed by questions and discussion. Each session will conclude at 1 15 pm.

- All *News and Views* sessions will be OPEN/PUBLIC MEETINGS. If there are places available, feel free to invite friends and family to join you at any of these sessions. Let us know that they are coming, to ensure that we have arranged adequate seating.
- The views expressed by the presenter in these sessions and by tutors in all classes are their own views and not the official views of U3A Deepdene. Our aim is to encourage the exploration of ideas, in a relatively free environment.

PLEASE ENROL ONLINE FOR THESE PRESENTATIONS

Date	Presenter	Focus of presentation
23 April	<i>Tim Wilson, MP, member for Goldstein (note 12 30 pm – 1 30 pm)</i>	<i>Twitter and politics</i>
30 April	<i>Raul Sanchez-Urribarri, LaTrobe University</i>	<i>Latin America 2020</i>
7 May	<i>Charles Sowerwine, University of Melbourne</i>	<i>Emmanuel Macron – three years on</i>
14 May	<i>Judith Brett, LaTrobe University</i>	<i>From secret ballot to democracy sausage: How Australia got compulsory voting</i>
21 May	<i>Andrew Gunstone, Swinburne University</i>	<i>The history and impact of stolen wages practices on Indigenous peoples</i>
28 May	<i>Chris Banks, Manager, International Conservation, Zoos Victoria</i>	<i>International conservation projects and sister zoos</i>
4 June	<i>Graeme Davison, Monash University</i>	<i>History of home ownership</i>
11 June	<i>Evginy Postnikov, University of Melbourne</i>	<i>Brexit and trade deals</i>
18 June	<i>Lesley Head, University of Melbourne</i>	<i>Climate change and emotions</i>

SHORT COURSES

THE ARTS

Visual Arts

S 01 The world behind the exhibition 'Jenny Kee and Linda Jackson: Step into Paradise'

Dr Sally Gray, Cultural Historian

A major exhibition 'Jenny Kee and Linda Jackson: Step into Paradise' at the Powerhouse Museum in Sydney (October 2019 – March 2020) captures the dynamic energy of Linda and Jenny's creative partnership.

The exhibition, curated by Glynis Jones of the Powerhouse Museum, celebrates the collaboration which created one of the most influential pairings in the history of Australian fashion.

Drawing on research for her book *Friends Fashion and Fabulousness: The Making of an Australian Style*, Dr Gray will examine the influences, inspirations and collaborations behind their work.

(1) Tuesday 10 30 am – 12 noon
28 April

Stradbroke Park Pavilion

S 02 Joy Hester: Remember me

*Kendrah Morgan, Senior Curator, Heide
Museum of Modern Art*



This lecture explores the compelling art of Joy Hester, who produced some of the most distinctive and intriguing imagery to emerge in Australia during the 1940s and 1950s. Focusing on powerful expressions of the face and figure, Hester used drawing as a vehicle to grasp life in all its complexity. While her intuitive approach and markedly female subjectivity saw her work dismissed in her lifetime by critics, today she is recognised as one of our most original and important modernists.

(1) Tuesday 10 30 am – 12 noon
12 May

Stradbroke Park Pavilion

S 03 Miniature marvels – the doll's house in pre-nineteenth century Europe

*Dr Matthew Martin, University of
Melbourne*

A small group of extraordinary dolls' houses, complete with their furnishings, survive in museum collections in Germany, the Netherlands and Britain. The earliest of these date to the late sixteenth century.

Whilst today we think of dolls' houses as children's toys, these remarkable early examples were anything but: they were enormously expensive to assemble and were exclusively the purview of wealthy adult women. Rather than for amusement, these miniature households were created to serve a didactic function, presenting models of ideal household governance.

This talk will examine a few of the most spectacular surviving European dolls' houses, exploring the way in which they give us insight into the lives of elite women in the early modern period.

(1) Tuesday 10 30 am – 12 noon
26 May

Stradbroke Park Pavilion

S 04 Architecture and sculpture in Florence

Dr Kamoya Peterson

The history of the republican city state of Florence lives on in its layout and many of its Renaissance buildings and sculptures.

This illustrated talk will focus on how these things still show the ideals and values of the times in which they were created.

(2) Tuesday 10 30 am – 12 noon
9 June

Stradbroke Park Pavilion

S 05 The world of Dante

John Hogan

Dante Alighieri was an Italian poet and politician in early renaissance Italy. His early poetry tells of his courtly love and devotion to his childhood sweetheart Beatrice Portinari.

In 1302, he fell victim to the deadly rivalry between the competing factions of Florentine politics and was exiled from Florence. He never returned.

His *Divine Comedy* is widely considered the most important poem of the Middle Ages and the greatest literary work in the Italian language. His descriptions of hell, purgatory and heaven, only

loosely described in church teaching to that time, gave a form to these concepts which has persisted to the present day.

Over three sessions, we will examine some of the hundreds of paintings and other art works which feature his life and the interpretation of his poems. We will also look more closely at the lives of several artists whose related art works form a significant part of their life's work.

- (3) Mondays 10 30 am – 12 noon
18 May, 25 May, 1 June
Balwyn Park Centre

Decorative Arts

S 06 Carlton ware

Des Roman

For almost 100 years Wiltshaw & Robinson, the makers of Carlton Ware, produced an extraordinary range of earthenware and china at its Copeland Street works in Stoke-on-Trent. In this session we will look at the various categories of Carlton ware produced over that lengthy period.



Members are encouraged to bring, to the session, any examples of Carlton ware that they own.

- (1) Wednesday 10 30 am – 12 noon
22 April
Stradbroke Park Pavilion

S 07 Chinese Shiwan ware

Chris Begg

Shiwan ware is Chinese pottery from kilns located in the Shiwanzhen subdistrict of the provincial city of Foshan, near Guangzhou, Guangdong. It forms part of a larger group of wares from the coastal region known collectively as 'Canton stonewares'. Shiwan wares have been in a variety of styles, many for utilitarian purposes such as roof tiles and architectural ornaments.

This session will however focus on some amazing large polychrome birds and figures produced in the kilns.



- (1) Wednesday 10 30 am – 12 noon
6 May
Stradbroke Park Pavilion

S 08 The magic of lustre

Merilyn Hoysted

Lustre has been described as a form of Alchemy, turning metal into glowing, iridescent surfaces that respond beautifully to changing light. This lecture will focus on the technique of decorating ceramics with lustre as it was first developed in Iraq in the 9th century then pursued across the Middle East, reaching Europe by the 14th century.

Rediscovered by the Arts and Crafts Movement and Art Nouveaux, modern metallurgy has encouraged potters like Australia's own Alan Peascod and Greg Daly to explore the visual impact of these new compounds on their work.

- (1) Wednesday 10 30 am – 12 noon
20 May
Stradbroke Park Pavilion

S 09 Australian potter – John Dermer

Dr Barbara van Ernst, AM

Over the course of a remarkable fifty-year career John Dermer achieved an international reputation as a master craftsman. He is one of Australia's most respected living potters.



- (1) Wednesday 10 30 am – 12 noon
17 June
Stradbroke Park Pavilion

Creative Arts – Full Year courses

F 54 Watercolour

Mondays 1 30 pm – 3 pm

Five Mondays

Balwyn Park Centre

F 55 Exploring Watercolour

Mondays 10 am – 12 noon

Five Mondays

Alston Halls, Deepdene Uniting Church

F 56 Watercolour, self-help class

Mondays 1 pm – 3 pm

Six Mondays

Alston Halls, Deepdene Uniting Church

F 57 En Plein Air

Wednesdays 1 30 pm – 3 pm

4th Wednesday of the month

Balwyn Park Centre or outdoors

F 58 Painting and Drawing

Fridays 9 30 am – 11 am

Weekly

Balwyn Park Centre

F 59 Calligraphy – Beginners

Wednesdays 11 15 am – 12 45 pm

Six Wednesdays

Alston Halls, Deepdene Uniting Church

F 60 Calligraphy – Intermediate

Wednesdays 9 30 am – 11 am

Six Wednesdays

Alston Halls, Deepdene Uniting Church

F 61 Quilting

Thursdays 1 45 pm – 3 15 pm

Weekly

Balwyn Park Centre

Creative Arts

S 10 Rugs for children at Cottage by the Sea, Queenscliff

Suzanne Collings

Wanted – willing knitters – to knit rugs for the children at the *Cottage by the Sea*. Each knitter will be asked to knit 4 squares (not all on the day of the session!) from a 200 gm ball of 8 ply wool given to them. The wool is being paid for by U3A Deepdene and will be bought prior to the session. Bring a pair of 4 mm needles.

(1) Monday 10 30 am – 12 noon
20 April

Balwyn Park Centre

S 11 Making cards

Joan Cooper

When receiving a handmade card, it is good to realise that the sender has taken time and effort to do it for you. Come, learn and make special cards for friends and family.

Led by an experienced card maker.

All materials supplied.

(2) Mondays 1 30 pm – 3 pm
4 May, 1 June

Cost: \$15 per person, paid to the tutor

Private home: address provided on enrolment

S 12 Mosaics for pleasure

Bronwyn Culshaw and Valerie Churchus

Simple designs. Tiles of all sizes provided, so very little cutting needed. Help will be provided. A very enjoyable way to explore one of the earliest forms of art and to make a mosaic as a gift or to keep. In term 2, beginners will be introduced to the art and continuing members will choose their own projects. Very good therapy for arthritic hands! Tiles, glues, grouts, bases etc provided.

Places 6 only

Cost of materials \$50 per person, paid to the tutor

(3) Tuesdays 1 30 pm – 3 30 pm

A 21 April, 28 April, 5 May

B 12 May, 19 May, 26 May

C 2 June, 9 June, 16 June

Private home: address provided on enrolment

S 13 Stencil yourself a fabric carry bag

Merrilyn Shepherd

Stencilling is an ancient craft used to decorate fabric as well as other surfaces.

We will be using prepared stencils and coloured fabric paints on a calico carry bag.

Stencils and bags will be available along with paints, fabric textures and brushes.

The cost of materials will be \$3, to be paid to the tutor at the first session.



(1) Tuesday 1 30 pm – 3 pm
2 June

Stradbroke Park Pavilion

Performing Arts

S 14 Giselle

Julie Holder

A romantic classical ballet in two acts. First act peasants and a famous death scene which is a tour de force for the ballerina. Then the second act such a contrast, being wondrously ethereal with a strong undercurrent.



- (1) Wednesday 9 30 am – 12 30 pm
3 June
Stradbroke Park Pavilion

HISTORY AND CULTURE

World History

S 15 The 'other woman'

Jone Gaillard

A look at some famous mistresses of history.

- (9) Tuesdays 10 30 am – 12 noon
Commencing 21 April
Balwyn Park Centre

S 16 Two amazing women of the 12th century

Sandy Curnow

Eleanor of Aquitaine was queen consort of France and England and duchess of Aquitaine in her own right. As a member of the Ramnulfids rulers in southwestern France, she was one of the wealthiest and most powerful women in western Europe during the High Middle Ages.

Hildegard of Bingen OSB, also known as Saint Hildegard and the Sibyl of the Rhine, was a German Benedictine abbess, writer, composer, philosopher, Christian mystic, visionary, and polymath. She is one of the best-known composers of sacred monophony, as well as the most-recorded in modern history.

One interested in the sacred; the other in the profane!

(This is intended as the first in a series of amazing women of each century, to the 20th century. Nominations and nominees welcomed!)

- (1) Wednesday 10 30 am – 12 noon
29 April
Balwyn Park Centre

S 17 Civilisations of the ancient Maya 300 BC to 1300 AD

Frank Devlin

The talk covers Mayan sites in the Yucatan province of Mexico, Guatemala and Belize with an

emphasis on their architectural and sculptural virtuosity together with some insights into their rich and distinct culture. It will also cover a private flight from Caye Caulker on the reef off Belize to the Great Blue Hole made famous by Jacques Cousteau, swimming in the remarkable cenotes near Merida (provincial capital of Yucatan province) and wild life in the tropical rainforest in Tikal National Park, Guatemala.

- (1) Wednesday 10 30 am – 12 noon
13 May
Balwyn Park Centre

S 18 China today

Albert Ip

Session 1: The clearing of the Yellow River. How did China make the Yellow River no longer yellow?

Session 2: The greening of the desert. Method and economics

Session 3 The largest man-made forest.

- (3) Mondays 1 30 pm – 3 pm
11, 18, 25 May
Greythorn Community Hub

S 19 Living in exile

Dr Mammad Aidani

Mammad Aidani left Iran soon after the 1979 February Revolution. He has never been able to return home and has been living in exile ever since.

Mammad's research is concerned with Middle Eastern people, especially Iranians, who have experienced violence or torture and who have resettled in the West.

In this session, Mammad will answer these questions:

- How does Australian life affect his views of Iran?

- How has early estrangement from his home affected his character, career and world view?

(1) Tuesday 1 30 pm – 3 pm
2 June
Balwyn Park Centre

S 20 Germany's political crisis: how did it start and what comes next?

Dr Joseph Hajdu, U3A Hawthorn

The last phase of Angela Merkel's Chancellorship has been marked by increasing uncertainty and discord. The rise of the extreme-right Alternative for Germany (AfD) Party has created a degree of friction in German political life that is greater than ever before and has made the direction of Merkel's centrist Christian Democratic Party uncertain. On the centre-left, support for the Social Democrats is leaching away to the Greens. What next?

(1) Thursday 10 am – 11 30 am
11 June
Balwyn Park Centre

S 21 'On the (destructive) road to Damascus'

Dr Adam Tarock

In March 2011, several hundred protesters took to the streets in Damascus calling for political reforms. This rather innocuous event soon developed into a regional and international crisis. The crisis, in turn, developed into devastating physical destruction and cost many human lives. Hundreds of thousands have since died, millions have been displaced in Syria and millions more have taken refuge in other countries. This lecture is an attempt to explain why and how it all happened? Which regional countries and which great powers are responsible for this historical human tragedy? Or is it the case that in international politics these questions are irrelevant?

(1) Thursday 10 am – 11 30 am
18 June
Balwyn Park Centre

Full year Course

F 82 Military History Richard O'Brien

(7) Mondays 10 am – 12 noon
Details of sessions provided to members enrolled at the beginning of term. Focus for term 2 will be on North America. *Balwyn Park Centre*

Australian History

S 22 A most manly and amusing game!

Robert Pascoe, Dean Laureate and Professor of History, Victoria University

What has Professor Pascoe discovered about the origins and development of that very peculiar pastime known as Australian Rules?

A scholarly and entertaining look at the social history of the sport.

(1) Monday 1 30 pm – 3 pm
20 April
Balwyn Park Centre

S 23 George Higinbotham and Eureka – the struggle for democracy in colonial Victoria

Dr Geraldine Moore

George Higinbotham was a highly influential politician in colonial Victoria and a controversial figure. One of his contemporaries described him as a man of 'dash and daring who won ground from the privilege and class, that they have never since been able to recover'.

Some see him as a visionary who fought for responsible government, free of Colonial Office interference and obstruction from an undemocratically elected Legislative Council. Others see him as a flawed character whose legacy was turmoil.

In this talk, the author Geraldine Moore will explore the life of 'the most loved and the most hated man of his day', and she will reveal what this has to do with Eureka.



(1) Thursday 10 am – 11 15 am
23 April
Balwyn Park Centre

S 24 Ginger Meggs: Australia's iconic comic character

Barry Gomm



'I present details of Ginger's origin, reasons for the strip's popularity and many examples of the humour. Attention is also given to how the strip has related to Australian life over the years.'

(1) Monday 1 30 pm – 3 pm
4 May

Balwyn Park Centre

S 25 Dry zones: planning and the local hangovers of liquor licensing history

Dr Liz Taylor, Monash University

Elizabeth Taylor's 2018 book 'Dry Zones' tells the story of local-level controls on liquor licensing ('local option') that emerged during the anti-alcohol temperance movement of the late 19th and early 20th centuries. It offers a new perspective on these often-overlooked smaller prohibitions, arguing local option not only reshaped the hotel industry but has legacies for, and parallels with, questions facing cities and planning today. These range from idiosyncratic dry areas; to intrinsic ideas of residential amenity and neighbourhood, zoning separation, and objection rights. In this presentation Elizabeth will draw on archival research and maps to highlight examples of local hotel closures and debates. She will examine the politics of temperance in Melbourne's eastern suburbs in the broader context of temperance-era liquor licensing changes in Victoria, their convergence with early planning, and their continuities.

(1) Tuesday 1 30 pm – 3 pm
16 June

Balwyn Park Centre

Full year Course

F 84 Travel

Co-ordinator: Pam O'Brien

- | | |
|----------|---|
| 24 April | Italy: beyond Rome, Florence and Venice
<i>Brent Campbell</i> |
| 1 May | The Camino from Léon: pilgrimage, trek or mystical walk? Something remarkable takes place
<i>Joanne Bass</i> |
| 8 May | Breakfast with giraffes, morning coffee with rhinos: my first trip to Africa
<i>Robyn Murtagh</i> |
| 15 May | An Adriatic Journey – Part 1
<i>Suzanne Collings</i> |
| 22 May | An Adriatic Journey – Part 2
<i>Suzanne Collings</i> |
| 29 May | Sojourn in France
<i>Val Sinclair</i> |
| 5 June | India: the journey of flavour ... a diverse tapestry of the senses and contrasts
<i>Kay Axsentieff</i> |
| 12 June | Ecuador – along the Andes from Otavalo to Cuenca
<i>Frank Devlin</i> |
| 19 June | Kimberley in the Wet
<i>Alison and Keith Head</i> |

Balwyn Park Centre

S 26 'I Wonder' – the life and work of historian Ken Inglis

Peter Browne and Seumas Spark, editors

Ken Inglis was one of Australia's most creative, wide-ranging and admired historians. During a scholarly career spanning nearly seven decades, his humane, questioning approach — summed up by the recurring query, 'I wonder...' — won him a large and appreciative audience. Whether he was writing about religion, the media, nationalism, the 'civil religion' of Anzac, a subject he made his own, or collaborating on monumental histories of Australia or the remarkable men aboard the Dunera, he brought wit, erudition and originality to the study of history. Alongside his history writing, he pioneered press criticism in Australia, contributed journalism to magazines and newspapers, and served as vice-chancellor of the fledgling University of Papua New Guinea. This collection of essays traces the life and work of

this much-loved historian and observer of Australia life.

(1) Friday 9 30 am – 11 am
15 May
Balwyn Park Centre

S 27 Cherry Ripe, Freddo Frog, Old Gold! *Graham O'Rourke*

The tale of Macpherson Robertson and his confectionery empire.

Australia's largest confectionery company, MacRobertson's, was begun in 1880 by 20-year-old Macpherson 'Mac' Robertson in the bathroom of his family's Fitzroy home.

By the time he died, Sir Macpherson Robertson's philanthropy resulted in parts of Antarctica, a girls' school in Melbourne, and an international croquet event being named MacRobertson in his honour.

(1) Monday 1 30 pm – 3 pm
18 May
Balwyn Park Centre

Full year course

F 83 Historic Melbourne walks

Co-ordinator: Marian Letcher

21 April	Anna Harley	South Parkville
5 May	Jean Mapp	Burnley
2 June	Alan Ray	South Box Hill
16 June	Pauline Moncrieff	Footscray
(4) Tuesdays		10 am – 12 noon

Family History

S 28 Creating a family history

Alan Haintz

The presentation will cover the following topics:

- Why we might want to look at a family history
- The various sources of information
- The historical contexts
- Relevance – what's important and what's not
- How to present the final result.

(1) Tuesday 1 30 pm – 3 pm
12 May
Balwyn Park Centre

S 29 Carte de Visite, Cabinet Cards and Albums

Debra Parry, conservator

Carte de visite and cabinet cards are 19th century portrait photographs taken in a studio. From 1860 to 1900 carte de visite and cabinet cards were the most popular photographic formats. Because of the popularity, albums were produced specifically to hold these cards. This presentation will look at these photographs and albums, and the photographers in Melbourne who took the portraits.

(1) Tuesday 1 30 pm – 3 pm
16 June
Balwyn Park Centre,

Indigenous Issues

S 30 Aboriginal authors

Numerous Indigenous Australians are notable for their contributions to Australian literature and journalism – fiction, plays, letters, essays and other works.

In this session we will listen to and read examples from a selection of well-known and lesser known authors.

If you particularly appreciate something written by an Aboriginal author, please bring it to the session, to read to the group.

(1) Thursday 1 30 pm – 3 pm
30 April
Balwyn Park Centre

S 31 'Billibellari's different courage'

Professor Richard Broome, LaTrobe University

The lecture will explore Woiwurrung elder Billibellari and his responses to the European invasion of Woiwurrung lands that brought imminent cultural economic and demographic devastation. Billibellari's responses will be compared with and illuminated by those of Plenty Coups, a man of the Crow nation in North America, who faced the same situation a few decades later. Both will be explored in terms of the American philosopher Jonathan Lear's idea of 'radical hope'. It will argue we should be aware that courage comes in many forms.

(1) Wednesday 10 30 am – 12 noon
27 May
Balwyn Park Centre

S 32 Archie Roach

Legendary Australian singer song writer, Archie Roach's life story is a triumph. It is a story of survival against all the odds and of the healing power of music, love and forgiveness. In this session, we will watch part of an episode of 'Ahn's Brush With Fame' in which Archie opens up about the major life-changing events in his life and their effects on him, especially the impact of

being taken from his parents as one of the stolen generation. We will also view YouTube clips of Archie performing several of his most memorable songs, including his signature song 'They took the children away'.

(1) Thursday 1 30 pm – 3 pm
28 May
Balwyn Park Centre

GARDENS

S 33 A few gardens in England

Suzanne Collings

An armchair visit to six beautiful gardens in Southern England – including some well-known and some lesser-known ones – all with fascinating histories and collections of plants.

(1) Thursday 10 am – 11 30 am
April 30
Balwyn Park Centre

S 35 Painting the garden

Jo Reitze

My illustrated talk will trace the evolution of my garden painting including my involvement in The Surrey Hills Neighbourhood Centre's 'Beyond the Garden Wall Project', my time as Artist in Residence at Cloudehill and the numerous garden painting commissions I have completed since establishing 'Jo Reitze paints your garden' in 2005.

(1) Monday 10 30 am – 12 noon
25 May NOTE MONDAY SESSION
Balwyn Park Centre

S 34 Bus trip to Coombe Cottage

Helen Page and Suzanne Collings



A visit to Coombe Cottage, the home of Dame Nellie Melba from 1909 to her death in 1931. The house, in Coldstream, is still owned by her family and has an extensive 7 acre garden which is a mix of formal and hidden gardens as well as tea. Our visit includes a guided tour of the garden, a picnic, and a tea.

This bus trip is deferred until the coronavirus situation is resolved

Please advise if you have a food allergy. We will then visit the garden of Virginia Heywood in Seville where we will eat our lunch. This is a garden high on a ridge with spectacular views over the Dandenong Ranges. It is an extensive garden with plenty of plants of interest all year round including salvias, roses, bulbs and perennials.

Cost of tour \$50
Limit 50
BYO lunch and mug

S 36 The wonderful world of Clivias

Michael Barrett

In this presentation Michael will give an overview of the genus *Clivia* including its introduction to western horticulture, the different species and cultivation, and some observations on the habit of personal plant collections.

(1) Thursday 10 am – 11 30 am
June 4
Balwyn Park Centre

See S 39 City of trees

Author talk by Sophie Cunningham

Wednesday 1 30 pm – 3 pm
6 May
Balwyn Park Centre

LITERATURE and MUSIC

Literature

Full year courses

F 38 Reading Great Literature

Christine Watters

Thursdays 12 noon – 1 30 pm

Every week

Stradbroke Park Pavilion

F 39 Greythorn Book Group*

Bev Walters and Ruth Merrick

Mondays 1 30 pm – 3 pm

4 May, 1 June

Greythorn Hub

F 40 Book Group (4th Monday)

Anne Cocks

Mondays 1 30 pm – 3 pm

27 April, 25 May

Alston Halls, Deepdene Uniting Church

F 41 Book Lovers' Group (2nd Tuesday)

Anna Harley

Tuesdays 1 30 pm – 3 pm

12 May, 9 June

Stradbroke Park Pavilion

F 42 Whodunit Book Group (3rd Tuesday)

Roz Berman

Tuesdays 1 30 pm – 3 pm

21 April, 19 May, 16 June

Stradbroke Park Pavilion

F 43 Crime Fiction Book Group (1st Thurs)

Robert Lyons

Thursdays 2 pm – 3 30 pm

7 May, 4 June

Alston Halls, Deepdene Uniting Church

F 44 Men's Book Group*

John Kidman

Thursday 1 30 pm – 3 pm

11 June

Balwyn Park Centre

F 45 Biography Book Group*

Suzie White

Thursday 1 30 pm – 3 pm

18 June

Balwyn Park Centre

S 37 Across the ditch: the best of New Zealand crime fiction.

Fiona Malcolm

From Ngaio Marsh to Paul Cleave, Kiwi Noir is the new international crime trend.

Librarian and wannabe Kiwi Fiona will introduce you to some of the best crime writers from the land of the long white cloud.

(1) Wednesday 1 30 pm – 3 pm

22 April

Balwyn Park Centre

S 38 Play reading

Lilian Cohen and Heather Stephens

Do you enjoy drama? Perhaps you have been involved in amateur theatre, or maybe you harbour an unfulfilled dream to be a thespian.

An opportunity to participate in reading aloud a different play each term, without the need to commit one's part to memory.

\$5 to cover hiring and postage of the scripts for the selected play, to be paid to the class monitor at the first session.

(2) Thursdays 1 30 pm – 3 pm

23, 30 April

Balwyn Park Centre

S 39 City of trees

Sophie Cunningham

An author talk.

How do we take in the beauty of our planet while processing the losses? What trees can survive in the city? Which animals can survive in the wild? How do any of us—humans, animals, trees—find a forest we can call home?

(1) Wednesday 1 30 pm – 3 pm

6 May

Balwyn Park Centre

S 40 Roman Polanski's Macbeth by William Shakespeare

This session will involve viewing, discussing and reflecting on the highly regarded screenplay of *Macbeth*, directed by Roman Polanski, in 1971.

It has been described as a 'bloody, bold cinematic take on the Bard'.

(1) Wednesday 1 pm – 3 30 pm

27 May

Balwyn Park Centre

* Dates for Terms 3, 4 provided in each term program

S 41 Ancient Greece: the stage

George Theodoridis

An overview of important elements in Ancient Greek theatre and an opportunity to read and discuss some very significant plays.

- Session 1: Helen, Queen of Sparta
The Power of Beauty
- Session 2: Hecabe, Queen of Troy
The Power of a Mother
- Session 3: Medea, the Princess of Colchis
The Power of Magic
- Session 4: Heracles
The Power of Brawn
- Session 5: Jason
The Power of the Golden Fleece
- Session 6: Daedalus and his son
The Power of Science

- (6) Thursdays 10 am – 11 30 am
7, 14, 21, 28 May, 4, 11 June
Balwyn Park Centre

LITERATURE SPECIAL

S 42 The Guernsey Literary and Potato Peel Pie Society

by Mary Ann Schaffer and Annie Barrows.

Published posthumously and completed by the author's niece, this is a delightful book that met with instant critical acclaim.

The novel is an exhilarating and powerful reading experience, as through an exchange of letters we are swept up into the struggles of a group of Channel Islanders, as they endure five years of harsh Nazi Occupation.

And we also follow our heroine, Juliet Ashton, as one unexpected letter leads her to a new life. But the book is also about love, about the power of literature, and about the ways in which people can find solace even in desperate circumstances. A novel well worth discussion!

The traditional morning tea will be served so please bring along your own vintage cup, saucer and plate, and note the extended session time so it's a 9 30 am arrival for a prompt 9 45 am start.

- (1) Tuesday 9 30 am – 12 noon
19 May
Balwyn Park Centre

S 43 Clive James – a celebration of a remarkable life

An opportunity to reflect on the life of someone of our generation whose very successful life was an amazing paradox: 'at once a high-minded litterateur and an avuncular TV bloke'.

The session will include a look at his 'lucky' life, readings of some of his poetry – both by Clive himself (via YouTube) and by members of our group; viewing clips of him compering *Clive James on Television* and *Saturday Night Clive*, and our reflections on our memories of him.

- (1) Thursday 1 30 pm – 3 pm
4 June
Balwyn Park Centre

S 44 The Testaments (Margaret Atwood's Booker Prize book)

Annette Comte

Thirty-four years later, as she approaches 80, Atwood has revisited Gilead at a moment in the MeToo era when women have taken to the streets in Handmaid costumes, adopting the scarlet cloaks as emblems of protest.

Atwood says: 'Everything you've ever asked me about Gilead is the inspiration for this book. The other inspiration being the world we've been living in.'

- (1) Wednesday 1 30 pm – 3 pm
10 June
Balwyn Park Centre

S 45 Vacation book lovers' club

Anna Harley and Kay Withell

This group operates during each vacation period. It is designed for those who love reading and discussing books, whether fiction or non-fiction, but don't want to read a prescribed text. Instead, members bring along a book they've enjoyed, to share. Some members may wish to exchange their choice for another book, but this is optional. A great opportunity to broaden your reading interests. Bring your lunch as well.

Some or all of the following dates:

- (3) Tuesday 11 am – 1 pm
23 June
Wednesday 11 am – 1 pm
1 July
Thursday 11 am – 1 pm
9 July
Balwyn Park Centre

Music

S 46 Maiden Voyage – an Australian song cycle

Lorraine Milne

Maiden Voyage is a cycle of 13 songs written by Melbourne composer Lorraine Milne. The lyrics trace the experiences and achievements of ordinary and extraordinary Australian women in historical and contemporary settings. Using images and songs, Lorraine will take you through the inspiring stories woven through Maiden Voyage.

(1) Wednesday 1 30 pm – 3 pm
29 April

Balwyn Park Centre

S 47 Classical music you enjoy

Richard Reed

Richard Strauss 1864–1949

You will hear selections from: Piano quartet in C minor, Ein HeldenLeben, Rosenkavalier Suite, Till Eulenspiegels Lusteig Streiche, Alpine Symphony, Capriccio, Four Last Songs and:

Anton Bruckner 1824–1896

The Adagio from the 7th symphony.

There will be a short introduction to each piece.

No musical knowledge is necessary for you to enjoy these pieces.

There will be a coffee break during each 2 hour presentation.

(3) Wednesdays 10 am – 12 noon
20 May, 3 June, 17 June

Balwyn Park Centre note time & venue

S 48 ‘You at the barricades listen to this...’

Fiona Malcolm

As *Les Miserables* approaches its 35th anniversary in the West End we look at what makes this show so popular.

How has it changed in 34 years?

We will see clips from different productions and discuss the *Les Mis* phenomenon.

(1) Wednesday 1 pm – 3 pm
17 June

Balwyn Park Centre

S 49 A wander through the world of music

John Little

This is a program with something for every taste including performances by John Williamson, Frank Sinatra, Eric Bogle, music by Holtz, Beethoven,

Verdi and classical singers Netrebko and Villazon (from the Salzburg Festival), Terfel to name a few. There will be other performers with interesting presentations, but you will have to attend to find out what these are as there are always a couple of surprises.

Keeping up the tradition of these programs, you will hear and see (through the magic of video clips) great music performed by wonderful artists, in some places you would not expect. Be prepared to expand your musical horizons.

(1) Tuesday 1 pm – 3 pm
26 May **Please note starting time**
Balwyn Park Centre

Full Year Course

F 47 Singing for Pleasure

Julie Lancashire, Valerie Judges and Ellaine Downie

Wednesdays 10 30 am – 12 noon

Alston Halls, Deepdene Uniting Church

S 50 Opera

Mike Hopf

A preview of what is happening in opera in Melbourne over the coming months - both live and film - to enable greater appreciation and enjoyment. The sessions will include extensive audio and video excerpts.

(1) Monday 1 pm – 3 pm
15 June

Balwyn Park Centre

S 51 Another musical journey of exuberance –Nat King Cole

Janie Gibson

Nat King Cole made his first public appearance aged 4. He started piano lessons aged 12, learning to play jazz and gospel as well as serious classical music. He left school at 15 to pursue a musical career, playing at first in his brother's sextet, moving on to big bands, nightclubs, trios and then he began to sing.

He was a natural baritone, and left us with gems such as *Nature Boy*, *When I fall in love* and *Stardust*.

(1) Wednesday 1 30 pm – 3 pm
20 May
Balwyn Park Centre

PHILOSOPHY, ETHICS and RELIGION

F 37 Philosophy

Dawn Heffernan

This course will cover a wide range of topics including:
brain science and the mind-body problems; consciousness; philosophy of science; particle physics and reality; theories of truth; existence of God, theism and deism; and economic theories.

(9) Fridays 11 30 am – 1 pm

Balwyn Park Centre

S 52 Environmental values REPEAT

Dr Janna Thomson

Environmental values are under threat. Most defences of these values stress the harm that destruction of eco-systems and species could cause to human health and other human interests.

But is this the whole story?

Should we value wild eco-systems and species for their own sake?

Do they have an aesthetic or heritage value?

But how can their preservation be compatible with the rights of humans who need living space or the rights of feral and other animals that have to be eliminated or culled for sake of preservation?

The three sessions will include:

Why preserve wilderness?

Why preserve species?

Animal rights and environmental values.

(3) Tuesdays 1 30 pm – 3 pm

2, 9, 16 June

Alston Halls, Deepdene Uniting Church

S 53 Mantra meditation (non-religion based practice)

Alain Romary

An ongoing course to help you learn to meditate with the use of a mantra, aiming for 20 minute duration, to a level where you can experience stillness and internal healing.

You will receive tips and techniques to get better results with your practice and understand what is actually happening within yourself.

In addition to the group session each week (including a group meditation), it is expected that students will commit themselves to daily practice.

(8) Monday 10 30 am – 11 30 am

Weekly *Balwyn Park Centre*

S 54 Reincarnation?

Paul Murchison

- Is reincarnation compatible with Christianity?
- The history of the general idea of reincarnation and a look at reincarnation as a theory.

- Do any Christian churches advocate it?
- Are there Biblical/theological references to reincarnation?

- New Age and modern views

(1) Monday 1 30 pm – 3 pm

20 April

Balwyn Park Centre

S 55 Radical spirituality: the early history of the Quakers

Online course FutureLearn

Learn about the beginnings of this radical religious group as it emerged in 17th century England, with this free online course.

When you think of the Quakers, it might bring to mind porridge oats, or pacifism, or perhaps prison reform. But there is much more to the Quakers than any of these things.

Through this course, we will be finding out about what lies at the heart of Quaker beginnings, who its main characters were, and how in a few weeks during the summer of 1652 the Quaker movement was formed in the north of England.

(2) Monday 1 30 pm – 3 pm

27 April, 18 May

Balwyn Park Centre

S 56 Exploring immigration by means of the Book of Ruth

Beth Perrigo

The biblical text of *Ruth* can assist with identifying and articulating ways to journey with the migrant.

Areas of investigation include examining the structures of immigration, what is marginalization, culture, ethnicity, globalization and how the concept of multiculturalism works. Stages of immigration include the duties and requirements of hosts and guests not only in ancient times but in today's global society.

(1) Tuesday 1 30 pm – 3 pm
19 May

Balwyn Park Centre

S 57 Redeeming Capitalism, by Kenneth Barnes

Book review by Chris White

In *Redeeming Capitalism* Kenneth Barnes explores the history and workings of this sometimes-brutal economic system. He investigates the effects of postmodernism and unpacks classical, ethical and biblical-theological teachings on work and wealth. Proposing virtuous choices as a way out of such pitfalls as the recent global financial crisis, Barnes envisions a more just and flourishing capitalism for the good of all.

Chris White summarises Barnes' argument and provides a response.

(1) Monday 1 30 pm – 3 pm
25 May

Balwyn Park Centre

S 58 In the hands of machines: the future of aged care

Professor Robert Sparrow, Monash University

Robotics research is often promoted by suggesting that the only way to deal with a looming demographic crisis is to develop robots to look after older people.

However if the social and emotional needs of older people are important, robots are incapable of meeting these needs.

Even if robots were capable of filling some service roles in the aged care sector, economic pressures would likely ensure a decrease in the amount of human contact and this would be detrimental to the well-being of older people.

Professor Sparrow contends that the prospects for the ethical use of robots in the aged care sector are far fewer than at first appears.

(1) Wednesday 10 30 am – 12 noon
10 June

Balwyn Park Centre

This Term 2 Program Guide has been produced, just as the coronavirus situation escalates in Australia.

We hope that, by late April when our Term 2 begins, the presentations we have in place will be able to proceed on the nominated dates.

Members should enrol for courses as usual and watch their emails for updates

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MEDICINE, HEALTH and SCIENCE

MEDICAL SPECIAL

S 001 Breast Cancers and their Treatment

Associate Professor John P Collins, AM, specialist breast surgeon

The revolution in treatment and improvement of outcome as a result of evidence based medicine.

(1) Friday 9 30 am – 11 am

19 June

Balwyn Park Centre



S 59 什麼是失智症

*Sandra Leone, Dementia Australia
with Mandarin Chinese interpreter*

你擔心你有失憶症嗎？

你擔心家裡有位親人，可能有失憶症？

是否有位家人或朋友的家人被診斷罹患失憶症？

(1) Monday 1 30 pm – 2 30 pm

27 April

Greystone Community Hub

S 60 My Health Record – white elephant ... or promise fulfilled?

*Chris Bain, Professor of Practice in Digital
Health, Faculty of Information
Technology, Monash University*

The *My Health Record* system is the Australian Government's digital health record system that holds the *My Health Records* of individual citizens. It was introduced in 2018.

As individuals we can choose not to be part of the arrangement. If we haven't opted out of the system already we can still cancel at any time. In this session Professor Bain will tell us about experience with the system to date and will explore some of the issues and opportunities which have emerged.

(1) Tuesday 1 30 pm – 3 pm

28 April

Balwyn Park Centre

S 61 Using a defibrillator

Anne Holland, Defib First

An information and demonstration presentation so that participants feel comfortable and confident to apply an Automated External Defibrillator (AED) in a medical emergency.



There are no costs to members associated with this training. U3A Deepdene has used grant funds to pay the facilitator. This session may also be attended by members of the Balwyn Park Football Club and Balwyn Park Cricket Club.

(1) Wednesday 4 pm – 6 pm

6 May

Balwyn Park Centre

S 62 The use of recreational drugs for treating psychological disorders

Gerald Hughes

Medical research findings on the use of recreational drugs for the treatment of psychological disorders

(1) Tuesday 1 30 pm – 3 pm

9 June

Balwyn Park Centre

S 63 Life stories in aged care settings

Richard Freadman, Emeritus Professor of English, LaTrobe University and Adjunct Professor in the Faculty of Health, Arts and Design at Swinburne University

This talk will explore the often transformative nature of stories and storytelling, and the use of life writing work in palliative care, with carers, and individuals with dementia.

(1) Tuesday 1 30 pm – 3 pm
12 May
Balwyn Park Centre

S 64 Palliative care

Personnel from Eastern Palliative Care (EPC), a not-for-profit organization working in Boroondara

Two aspects of the work of EPC will be highlighted in this session:

A Specialist palliative needs

EPC works with people who have been diagnosed with a terminal condition, with little or no prospect of cure, and for whom the primary treatment goal is quality of life. It also works with their carer who may be a family member, friend, neighbour or significant support person.

B The biography service

EPC conducts Australia's largest volunteer-based palliative care biography program for terminal clients.

(1) Wednesday 1 30 pm – 3 pm
13 May
Balwyn Park Centre

S 65 Mindfulness the antidote to multi-tasking

Gerald Hughes

Many people believe that multitasking is the only way to cope in our world of task and information overload, but the reality is that the brain is incapable of actually focusing on two things at the same time.

In this session, the recent research undertaken in this area will be explored.

(1) Monday 1 30 pm – 3 pm
1 June
Balwyn Park Centre

S 66 Imaging the body in the 21st century

Dr Eric Gilford, specialist radiologist, formerly Director of Radiology, St Vincent's Hospital

An opportunity to clarify the nature and purpose of the various imaging techniques that we regularly undergo – Ultrasound, CT Scanning, MRI.

(1) Wednesday 1 30 pm – 3 pm
10 June
Balwyn Park Centre

S 67 'How can we stop the youth exodus from private health insurance?'

Discussion session led by Rhonda McCaw and Joan Taylor

The session will include a review of the current financial arrangements for private health insurance in Australia, comparing them with arrangements in similar countries. It will review an emerging challenge to that system.

Then it will look at a creative strategy to address the challenge, proposed by Stephen Duckett of the Grattan Institute.

In preparation for the session, members are encouraged to read the article by Stephen Duckett at <https://theconversation.com/how-do-you-stop-the-youth-exodus-from-private-health-insurance-cut-premiums-for-under-55s-128101>

(1) Thursday 1 30 pm – 3 pm
11 June
Balwyn Park Centre

S 68 Arthritis and the role of exercise

Robyn Harrison

Balwyn Physiotherapy

The role of exercise in treating the different forms of arthritis will be discussed by a specialist physiotherapist with over 30 years of experience in musculoskeletal joint mobilization, soft tissue therapy, electrotherapy and Pilates.

(1) Friday 9 30 am – 11 am
12 June
Balwyn Park Centre

S 69 Mercy Ships

Tammy Shepherd, physiotherapist

Because over 50% of the world's population lives within 160km of the coast, a modern hospital ship with a crew of 400 volunteers can sail directly to people who lack access to first-rate medical care.

The margin between life and death can be extremely slender and that is why the work of Mercy Ships is so vital for the world's poor. The organisation's work in providing free surgical and healthcare services has made a huge difference for almost 40 years.

Mercy Ships also undertake medical capacity building in hospitals throughout the country with the aim of ultimately 'doing themselves out of a job'.

Hear from a North Balwyn woman who is a regular volunteer as a physiotherapist on a *Mercy Ship*.

(1) Thursday 1 30 pm – 3 pm
18 June

Balwyn Park Centre

Science

S 70 Birds in parks and gardens in the Balwyn area

Pat Bingham

Join Pat and her fellow enthusiasts and beginners on one or two more walks to explore the parks and streetscapes of the Balwyn area to discover what birdlife is around in later Autumn.

Bring binoculars if you have them. Enrol for one date or both dates.

70A Balwyn Park
Tuesday 8 30 am – 9 30 am
12 May

Meet at Balwyn Park Centre

70B Deepdene Park
Tuesday 8 30 am – 9 30 am
9 June

Meet at the Horrie Watson Pavilion in Deepdene Park, Whitehorse Road, Deepdene

S 71 Update on the SKA (square kilometre array) and James Webb project

Traï Cash

These two projects have each attained a significant milestone in their implementation paths to full operation.

The Australian component of the SKA radio telescope has already made ground-breaking contributions to the knowledge of the universe, aided by unique Australian technology.

The James Webb telescope, as Hubble's successor, is now fully operational and is undergoing rigorous testing before being launched into orbit at a distance of 4 x the distance of the moon from the earth.

The review will highlight the technologies and unique capabilities of these two projects.

(1) Monday 1 30 pm – 3 pm
11 May

Balwyn Park Centre

S 72 Good vibrations

Russell Downie

This is a physics talk and prac about the way things can vibrate.

You will be amazed by some of the sounds and the understandings that you will come away with. To be a little cryptic, you will hear and experiment with singing rods.

There! I'm sure you can't wait.

(1) Tuesday 1 30 pm – 3 pm
2 June

Balwyn Park Centre

F 34 New Scientist group

led by Richard Reed

Discussions from articles in the *New Scientist* weekly journal. As our present knowledge is explained in each article, no previous scientific knowledge is necessary to enjoy our discussions.

(4) Wednesdays 10 am – 11 30 am
29 April, 13 May, 27 May, 10 June

Balwyn Park Centre

We thank our supporters:



POLITICAL, ECONOMIC and SOCIAL ISSUES

International

S 73 Timor Leste 2020

*Professor Michael Leach, Swinburne
University*

An update on Timor–Leste: recent political developments and the relationship with Australia.

(1) Thursday 10 am – 11 30 am
7 May

Balwyn Park Centre

S 74 ‘Mind your tongue’

*Discussion session led by Professor John
Fitzgerald of Swinburne University*

This will be a follow up session to Professor Fitzgerald’s lecture, in Term 1, on language, public diplomacy and community cohesion in contemporary Australia–China relations.

The session will be a further exploration of the main ideas in Professor Fitzgerald’s paper ‘Mind Your Tongue’,

<https://www.aspi.org.au/report/mind-your-tongue>

Members attending this session will be expected to read and reflect on the article before the session.

Places 20 places

(1) Monday 1 30 pm – 3 pm
11 May

Balwyn Park Centre

S 75 China and Australia and the idea of democracy

Discussion session, led by Ian Hundley

Minister Wang Xining, deputy head of the Chinese Embassy in Canberra appeared as a guest panellist on Q&A on ABC TV on 24 February 2020. There were several interchanges during the program which referred to differences between the Australian and Chinese systems of government.

In this session we will review the statements made by the Minister and discuss the two interpretations of democracy he introduced.

It is anticipated that members attending this session will have read the transcript of the program.

(1) Wednesday 1 30 pm – 3 pm
27 May

Balwyn Park Centre

S 76 Travelling in Trump’s America

Graham Pratt

A recent visit to the US covered the states of Florida (a key swing state) and Georgia (part of the southern block). How noticeable is the impact of Trump’s presidency? How divided are the people? Is this a unique form of populism? Some aspects of Florida that are quite different. Georgia today – just the deep south or is there more to it? The situation for the November 2020 election.

(1) Thursday 1 30 pm – 3 pm
28 May

Balwyn Park Centre

S 77 Update on Brexit

*Discussion session, led by U3A Deepdene
members with a special interest and
understanding of the UK scene*



The session will include some of the following topics – depending on their currency at the time:

- House of Lords reform
- Dominic Cumming’s view of the Civil Service (‘recruit weirdos and misfits’)
- The role of the Supreme Court in politics
- Control of Immigration (Priti Patel’s visa policies)
- The BBC licence termination
- Media political bias
- The unity of the UK (the positions of Scotland, Northern Ireland and Wales)
- Huawei and the trade arguments with USA, China and the Five Eyes intelligence

(1) Wednesday 1 30 pm – 3 pm
3 June

Balwyn Park Centre

Politics

S 78 Unrequited love: the diary of an accidental activist

Professor Dennis Altman, Professorial Fellow, LaTrobe University

'Altman's memoir, **Unrequited Love**, is as wide-ranging and remarkable as his career, moving between Australia, the United States, Europe and parts of Asia, and influenced by encounters with intellectuals and writers including James Baldwin, Gough Whitlam, Dorothy Porter, Christos Tsiolkas, Gore Vidal and Susan Sontag.

Written through the lens of recent activism and global rise of authoritarianism, Altman reflects on his long love affair, as an Australian, with the United States. It is a story of a half century of activism, intellectualism, conflict and friendship.

(1) Friday 9 30 am – 11 am
8 May

Balwyn Park Centre

S 79 Trust and social media

Peter Hughes, LaTrobe University

For some time public debates and media have made the claim that trust in institutions including politics has been in decline, with blame often being sheeted home to social media. This session will examine that claim, discussing what trust is, and how media (including social media) affect public trust.

(1) Thursday 10 am – 11 30 am
28 May

Balwyn Park Centre

S 80 Instability in political leadership in Australia

James Walter, Emeritus Professor of Political Science in the School of Social Sciences, Monash University

Australia is one of the easiest places in the world to depose a sitting prime minister compared to other countries with a Westminster system of government.



In the past eight years, Australia has seen eight leadership spills with four being successful,

requiring just a simple majority to change leader. Changing leaders mid-term seems to be just part of Australia's political system.

What have been the positives and negatives in this pattern of leadership change?

(1) Tuesday 1 30 pm – 3 pm
9 June

Balwyn Park Centre

S 81 'A dream job'

Bridget Noonan, Clerk of the Victorian Parliament

The Clerk is the most senior unelected official in the Victorian Legislative Assembly. She advises the Speaker and members impartially on parliamentary procedure and manages the House. An opportunity to learn from the young woman who is the current Clerk in the Victorian Parliament about her 'dream job'!

(1) Friday 9 30 am – 11 am
5 June

Balwyn Park Centre

Economics

S 82 Behavioural Economics – the empirical approach to human behaviour

Ian McDonald, Emeritus Professor, Economics, University of Melbourne

Session 1 The concepts of behavioural economics (The ultimatum game; loss aversion; present bias; self-serving bias)

Session 2 The policy implications of behavioural economics (happiness surveys; libertarian paternalism and nudge; neuro-economics and economic growth; anger and forgiveness)

(2) Thursdays 1 30 pm – 3 pm
7, 14 May

Balwyn Park Centre

S 83 'A little economics with your cuppa?'

Robbie Kerr

When you read or hear some economic news, does it seem a bit of a puzzle? This session aims to increase your enjoyment of thinking and discussing economic issues. Release your inner economist!

(1) Thursday 1 30 pm – 3 pm
21 May

Balwyn Park Centre

S 84 The Australian-made logo – the mark of 'Aussie authenticity'

Anthony Collier, Marketing and Communications Manager

The famous Australian Made logo is the true mark of Aussie authenticity. It's Australia's most trusted, recognised and widely used country of origin symbol, and is underpinned by a third-party accreditation system, which ensures products that carry the logo are certified as 'genuinely Australian'. Find out more about this iconic brand from the organisation that administers and promotes it.



(1) Wednesday 1 30 pm – 3 pm
3 June
Balwyn Park Centre

Social

S 85 Being a caregiver

Emily Moroney, Home Instead

A session for people who are providing home care to a partner, family member or friend.

Home Instead Senior Care, a private provider of home care, helps carers, with a variety of senior care resources:

- Understanding the aged care system
- Negotiating family relationships and difficult conversations
- Resources on home safety
- End-of-life planning
- Managing conditions such as dementia

(1) Monday 1 30 pm – 3 pm
20 April
Greythorn Community Hub

S 86 Better luck next time

Dr Mark Zirnsak, Senior Social Justice Advocate, Synod of Victoria and Tasmania, Uniting Church of Australia

What progress has been made to reduce the harm caused by gambling corporations in our community?

This session will explore what reforms have been introduced to reduce the harm caused by gambling, both pokies and online gambling businesses. It will also examine what more should be done.

(1) Friday 9 30 am – 11 am
1 May
Balwyn Park Centre

S 87 Current review of retirement income system

Terry O'Callaghan, AM, former director and trustee of Prime Super

The session will be about the key issues being reviewed by the Review Panel, the thrust of the various submissions made to the Review Panel, current media comment on what needs to change concerning retirement income and the likely outcomes of the Review Panel.

(1) Tuesday 1 30 pm – 3pm
21 April
Balwyn Park Centre

Environment

S 88 The environmental impact of electric cars

John Barlow

The automobile industry is currently lauding progress made with pure electric vehicles, identifying them as the future of mass transport. The UK has announced that it will ban sales of all petrol diesel and hybrid passenger vehicles by 2035. A number of other countries have similar policies. Electric vehicles are totally emission free and reduce dependence on oil and the price fluctuations that come with this highly politicised natural resource.



All this back slapping, however, overlooks two key issues:

- while the cars may be green, electrical energy may not be green
- exponential increases in electric vehicle sales will place considerable pressure on electricity grids.

(1) Wednesday 1 30 pm – 3 pm
29 April
Balwyn Park Centre

S 89 Lighter Footprints Kooyong

Carolyn Ingvarson, Convenor

Climate change is a growing community concern and this local organisation has been pressing for stronger action for over 14 years.

This talk will cover:

- What brought us together?
- Why do we do this?
- What do we do?
- What is next?

(1) Tuesday 10 30 am – 12 noon
5 May

Balwyn Park Centre

S 90 Target 155!

Ken Parker

Target 155 is a water efficiency program encouraging Melburnians to limit water consumption to 155 litres per person per day. During the last drought, when there were water restrictions, we limited our consumption considerably. But when restrictions were removed we returned to old habits.



Water may become our most precious commodity. In Australia, water shortages are becoming more common and already the source of intense controversy around the country as mighty waterways, like the Murray–Darling basin, run low and clashes between users and states escalate. Come and find out how to conserve our precious water and still live comfortably, with lots of greenery.

(1) Tuesday 10 30 am – 12 noon
2 June

Balwyn Park Centre

S 91 The West Gate tunnel project

Rosa McKenna, President, Better West, a community group formed around opposition to the West Gate tunnel project (2016)

The West Gate tunnel project is designed to deliver a vital alternative to the West Gate bridge. It should provide a much needed second river crossing, quicker and safer journeys, and remove thousands of trucks from residential streets.

The project is a partnership between the Victorian Government and Transurban and is being built by construction contractors CPB Contractors and John Holland (CPBJH JV).

However, there are many unresolved difficulties with the project.

Hear from a long-term local activist how residents of the area have campaigned and are still campaigning – often unsuccessfully – against many aspects of the project. ‘Their wrestles with officialdom are mind boggling in an area of Melbourne that has been “done over” for generations and so little understood publicly.’

(1) Tuesday 1 30 pm – 3 pm
5 May

Balwyn Park Centre

S 92 Victoria needs a big picture transport scheme

Dr Crystal Legacy, University of Melbourne

As anyone who travels on Melbourne’s roads would confirm, our transport infrastructure needs urgent upgrades.

As our cities continue to grow, it is virtually impossible to escape the tangle of peak-hour congestion.

But with governments focused on reducing deficits, only one or two transport infrastructure projects are likely to be implemented.

How are decisions about which infrastructure to build made? And how much of a say do the people who actually use the transport system have in which projects are prioritised?

(1) Thursday 10 am – 11 15 am
14 May

Balwyn Park Centre

S 93 Recycling and waste in Boroondara – challenges, updates, and exciting new projects

Katelyn Fryer, Boroondara Council

As a local resident, how can you contribute to a more sustainable and environmentally friendly Boroondara community?

At this session, learn about:

- How to avoid waste and reduce your waste
- Recycling right – what goes where and how to avoid contamination
- Composting and worm farming

- The Victorian Government ban on electronic waste (e-waste) in landfill – effective from 1 July 2019
- Council’s new upcoming food waste recycling program (‘FOGO’) – launching in May 2020.

You will also have the chance to have your questions answered.

(1) Tuesday 1 30 pm – 3 pm
19 May

Balwyn Park Centre

S 94 Personal reflections – 30 years at ABC radio

Michael Taft

As an insider, Michael reflects on the changes which have occurred within ABC Radio since the 1970s.

Then there were just two ABC stations broadcasting in Melbourne.

Today there are five on air and a number on line. The ABC is now a whole new source of digital information.

It has embraced the electronic age, to give instant access to programs and resources.

(1) Monday 1 30 pm – 3 pm
25 May

Balwyn Park Centre

S 95 Investing

Richard Topham

The group meets twice a term, in group discussion format, to swap notes on managing investment portfolios. We also have occasional training sessions on particular topics. We have to be flexible because the investment environment keeps changing.

At the end of each meeting we decide on a suitable topic for the next one.

However, in view of the panic in the markets at the time of preparing this, responding to the corona virus will need to be a key topic for 4 May.

(2) Monday 1 30 pm – 3 pm
4 May
Wednesday 10 30 am – 12 noon
17 June

Balwyn Park Centre

FUN ACTIVITIES

S 96 Fun with filo!

Margaret Peucker

Demonstration, using filo pastry, for simple savoury and sweet dishes, to be shared with the group for tasting.

Please note that this pastry can be used as a low fat alternative to regular pastry.

Explore a range of fillings that can be used with filo pastry.

Cost \$10 per person to be paid on the day

Places 12

(1) Tuesday 10 am – 12 noon
9 June

Balwyn Park Centre

F 62 Deepdene Photography Group

Co-ordinator: Karin Watts

How to add a ‘zing’ to your photo! This course involves the group visiting selected locations and then, the following week, meeting at Alston halls to review our photos.

Thursdays 11:00 Weekly

F 32 Trivia

Val and John Little

(4) Tuesdays 11 am – 12 noon
5 May, 19 May, 2 June, 16 June

Stradbroke Park Pavilion

TECHNOLOGY

The courses within the Technology program are a response to the expressed needs and interests of members. If you are looking for a technology course that is not listed, please let us know.

Some of the courses listed are demonstration only – with the tutor giving a structured introduction to the technology featured, using a data projector and screen.

Many courses are 'hands-on' with members learning how to use their own up-to-date technology. The course description for these courses will ask you to bring your own phone or tablet. In many 'hands-on' classes participants are requested to come early to be linked to the U3A WiFi.

Please note that Deepdene U3A presenters and class members do not accept liability for any consequences to your computer in acting on any information you obtain at these classes

T 01 iPad for beginners

Terry O'Callaghan

Introductory, hands-on sessions for members who own an Apple iPad or iPhone and are not yet using it very much.

Members who have attended this course previously are welcome to attend as a refresher course.

The following aspects will be covered, depending on the time available:

- Basic operation
- Touch screen technique
- Screen symbols to action
- Download iBooks and Apps
- Using and managing an App
- Using notes and music
- Sending, receiving and managing emails
- Entering contacts
- Sending messages (SMS)
- Using Safari, calendar, clock, games
- Using camera, managing and editing photos, sending photos
- Settings, using maps, Siri, revision

Members should bring their iPads/iPhones with the particulars of their Apple ID.

Connection to U3A WiFi can be arranged by arriving at 9 30 am on 20 April

Class restricted to 12

(3) Mondays 10 am- 12 noon
20, 27 April, 4 May

Alston Halls, Deepdene Uniting Church

T 02 What computer do I buy?

Paul Flanagan

This class is for members who are buying their first computer or who are thinking of changing to a similar or a different type of computer.

Do I buy a:

- desktop PC

- laptop
- tablet, either Android or Apple
- phablet

The presentation will examine the advantages and disadvantages of each of these options.

(1) Tuesday 1 30 pm – 3 pm
5 May

Balwyn Park Centre

T 03 NBN awareness presentation

Wally Ballout

This is a follow up to the presentation in Term 1.

It will cover:

- In-home optimisation
- Technology choice in your home
- Equipment and setup
- Open forum, Q&A

(1) Wednesday 1 30 pm – 3 pm
6 May

Balwyn Park Centre

T 04 Introduction to Facebook

Karin Watts, Michelle Trevorrow

Learn how to use this popular social network, including how to find friends and family, share status updates, post comment – all without compromising your privacy.

Learn how to set up an account from scratch, personalise your profile, find and join groups.

We will show you how to adjust security settings and how to use the Facebook Mobile App and Messenger to stay connected on the go.

If you are not connected to the U3A WiFi, please arrive 20 minutes earlier to connect your mobile phone, laptop or tablet to our WiFi.

If an Apple device please bring ID and password.

(1) Monday 10 30 am – 12 noon
11 May

Alston Halls, Deepdene Uniting Church

T 05 Travel with technology

Ready Tech Go Presenter Matt Yarnold

This session will give you tips for taking your technology on holiday, how to use technology to make the most of your holiday and things to be aware of when you have your technology with you on your trip.

Let us help you make your next holiday the best it can be, with our workshop on how to integrate your technology into your travel.

- How to save money when communicating overseas
- How to save money when booking travel online
- Using your devices to take photos and how to back up photos

And lots more!

(1) Tuesday 1 30 pm – 3 pm

19 May

Balwyn Park Centre

T 06 Introduction to printed photobooks

Karin Watts

Learn how to make an individual photobook memento of your trip, family or special interest, using your digital photos.

Previous attendees are welcome to come for further assistance with their projects.

This will be a hands-on class, preferably using your laptop. iPads can be used but they are more difficult to navigate.

You will need to know which folder your digital photos are in or move some to your laptop ready to use.

This class will use the program Photobook Australia, one of several online photobook programs.

Members who enrol will receive instructions about joining Photobook Australia, prior to the class.

If you are not connected to the U3A WiFi, please arrive 20 minutes earlier to connect to our WiFi.

If you are using an Apple device, please bring ID and password.

(1) Monday 10 30 am – 12 noon

25 May

Alston Halls, Deepdene Uniting Church

T 07 Improve your online privacy

Helen Smith, Nunawading U3A

Who's watching you online?

Are you tired of seeing ads for products you've recently viewed online?

Wondering how and why you get these?

Concerned about how much you are tracked online?

This session will explain how this happens and give you some strategies to manage your online privacy.

(1) Tuesday 1 pm – 3 pm

26 May

Balwyn Park Centre

T 08 Getting to know your Smart TV

John Kidman, Paul Flanagan

This is a session where members will be able to access the functions of the U3A's Smart TV.

It will not be a formal presentation but a Q & A session with members able to use the TV.

Class restricted to 12.

(1) Monday 10 am – 11 30 am

1 June

Alston Halls, Deepdene Uniting Church

T 09 Digital reading

Paul Flanagan

This presentation will demonstrate how you can access the following, free of charge, from libraries:

- Digital edition of *The Age*
- Text only of the *Financial Review*
- Text only of the *Herald Sun*
- eBooks from different categories

(1) Wednesday 1 30 pm – 3 pm

3 June

Balwyn Park Centre

T 10 Alternatives to NBN

Gerald Hughes

Competition for your business is increasing.

The date for disconnection of existing lines is approaching as you are expected to connect to the NBN.

This is by order of the Government and without any means of refusing.

Optus will shortly join Telstra in the role out of the 5G mobile and data networks to compete with NBN.

Find out what is the right choice for you and how much to pay for the services.

(1) Wednesday 1 30 pm – 3 pm

10 June

Balwyn Park Centre

T 11 Quantum computers – A Look into the future

Gerald Hughes

Quantum computers work quite differently from existing binary computers and have massive potential. But implementation of the technology is still some distance away.

This talk will review development progress and examine why quantum computing has so much potential for the future.

(1) Monday 1 pm – 2 30 pm
15 June

Greythorn Community Hub

VISITS AND OUTINGS

V 01 Blackburn Gurudwara (Sikh Temple)

127 Whitehorse Road, Blackburn

A formal visit to this temple, which caters for the religious needs of a growing group of Sikhs in Melbourne.

The temple is located in a transformed postal warehouse.

The visit includes a vegetarian lunch (free but donation suggested), a visit to the temple proper which provides accommodation for over 1000 members, an overview of the Sikh religion and an opportunity to ask questions.

The temple is almost 1 km from Blackburn railway station. There is good on-site car parking facilities.

Wednesday 11 30 am – 1 30 pm

22 April

Cost donation for lunch

Places 15

V 02 Tour of South Melbourne Market



Tour Guide Janet Lillee

Since 1867, South Melbourne Market has been a treasured inner city landmark and a favourite amongst locals and visitors.

It's a unique experience – a melting pot of real food, entertainment, creativity and culture.

Discover all of this with a guided tour where you'll sample the delights, meet specialist traders and have a Market adventure that is unrivalled and unforgettable.

The tour will commence at the front of The Neff Market Kitchen, stall number 90 on Cecil Street.

Wednesday 10 30 am – 12 30 pm 29 April

Cost \$20, to be paid on the day

(includes light lunch) Places 15

V 03 Hawthorn's Makers Market

Hawthorn Arts Centre

Teresa Molella



Visit the Hawthorn Makers Market which supports independent artists and designers to curate the best of Australian handcraft in one central marketplace, the beautifully restored Hawthorn Arts Centre.

Sunday 10 30 am – 3 pm

3 May

Cost free

V 04 Graffiti and street art on the Upfield line

Joan Taylor

Do you find Melbourne's graffiti and street art interesting? Or do you think it is vandalism?

For this visit we shall catch the Upfield line train to Batman station – looking at street art and graffiti along the sides of the railway line.

Then we shall return to Moreland station and walk along the bike trail to Brunswick station, having a closer look at some exceptional street art.



Monday 10 am – 12 noon

4 May

Lunch in Sydney Road

Cost myki fare and light lunch

Meet at Flinders Street station, Information Booth at 9 55 am

V 05 Visit to St Mark's Camberwell, Canterbury

Archdeacon Greg Allison and Chris White

An opportunity to learn about the vision, focus and ministry of this Evangelical Anglican church, including its traditional and innovative services and programs and its outreach activities.

View the hall, parish centre and interior of the church, including the exceptional stained-glass windows (some by Napier Waller) which are the main reason the church has a high level of heritage listing.

Conclude the visit with morning tea.

Tuesday 10 30 am – 12 noon 12 May
St Mark's, 1 Canterbury Road, Camberwell (corner of Burke Road).

Visit begins in the carpark, accessed from Canterbury Road.

Cost free
Places 15

V 06 A potted history – Melbourne's growth through people and gardens Boroondara (Kew) Cemetery visit

Pauline Turville and Helen Page

Join Pauline and Helen to visit the graves of some of the 'movers and shakers' who made Melbourne marvellous, as well as those who helped create our beautiful garden state.

The opening of Kew Cemetery coincided with the gold rushes and thereby became the resting place of many high profile people – people we would, today, call 'A-Listers'. Some names you will know and others will be known for what they created.

Wednesday 10 am–12 noon
13 May

Cost \$10 (to be collected prior to the date)
Places 25

V 07 Velvet, iron, ashes

Exhibition at State Library of Victoria, (SLV)

The SLV has just completed a \$90 million refurbishment that creates new spaces, and opens up once more the original Reading Room and Queens Hall (now, the Ian Potter Queens Hall).

Velvet, iron, ashes opens up a new way of seeing our history and reveals as never before how our stories intersect.

Find out how the armour of infamous bushranger Ned Kelly is connected to cricket's celebrated Ashes Urn, how fairy floss is connected to

Victoria's Latrobe Valley electricity industry, and why the granddaughter of one of our prime ministers once wore a glittering velvet cloak that symbolised the Murray–Darling irrigation scheme. (Note: the Ashes are no longer on display.)

Wednesday 10 30 am 20 May
State Library of Victoria, Swanston Street, Melbourne

Cost free
Places 15

V 08 An eclectic collection

Barry Taylor

REPEAT

An introduction to a private collection of 18th century English porcelain and furniture, with an eclectic mix of Asian decorative arts. Reflecting the owner's experiences of living and working, for more than twenty years, in a range of countries in the developing world.

Private venue: members are requested to car pool, meeting at Balwyn Park Centre at 10 am.

Tuesday 10 30 am – 12 noon
26 May

Cost free
Places 8

V 09 The Melbourne costume collection

39 Greenaway Street, Bulleen, 3105

A guided tour of a privately owned collection of Australian costumes, jewellery and accessories, dating back to 1788.

Learn about the history of the collection by Loel Thomson, a private collector who has dedicated her time and resources to the preservation and display of two hundred years of Australian fashion.

Car pooling from Balwyn Park Centre. Meet in car park at 10 am.

Thursday 10 30 am – 12 noon
28 May

Cost \$5 (to be collected prior to the date)
Places 10

V 10 Train trip to Seymour

Ilza Dulmanis



Seymour is a historic railway township located in the Southern end of the Goulburn Valley 104 kilometres north of Melbourne.

A major focus of our train trip will be a guided tour of the local boutique winery 'Wine by Sam', started by a husband and wife team in 2012 and located almost in the heart of Seymour.

The tour will be followed by the sampling of some upcoming vintages and a cheese board – a light lunch.

Wednesday 9 am – 5 pm

24 June

Travel directions Meet at Southern Cross station for the 9 33 am train to Seymour, scheduled to arrive at 10 55 am (myki fare – no booking required).

Walk to the winery (0.6 km) returning to Seymour station, for 3 09 pm train to Southern Cross, arriving 4 40 pm.

Cost myki fares, **plus** winery tour/lunch, estimated cost \$30 – payable on the day

Places 20

Meet with members of U3A Mansfield – follow up to earlier car pool visit

Deepdene members will travel to Seymour by train. Mansfield members will travel by car.

V 11 Train trip to Geelong

Pauline Moncrieff

Geelong is Victoria's second largest city, and the tour will cover its interesting pastoral, maritime and industrial history.

Join us on a train trip to Geelong, for a walking tour of the foreshore and historic buildings, the sensational Geelong Library and Heritage Centre building and the Geelong Art Gallery.

The visit will include:

- the spectacular mural tracing the history of Geelong in the foyer of the government offices
- the Geelong art gallery. The gallery does not have a large permanent collection, but we can also view the current exhibition by local

artist, RONE, of street art and large-scale wall paintings (optional). You will need to book online for this at geelonggallery.org.au (Adult \$16, Concession \$12). Make your booking for 11 am.



- the Geelong library and heritage centre building, followed by a lunch stop at James Street Bakery Cafe, 10 James St, Geelong, very close to the Gallery.

Following lunch, we will stroll to the foreshore, past some interesting historic buildings, to view the bollards on the shore.

After this, you have the option to visit the Wool Museum, in one of the original wool store buildings.

If you don't wish to tour the Wool Museum itself, there is a coffee shop and an excellent gift shop on the ground floor.

Geelong railway station is a ten- or fifteen-minute walk from there.

Tuesday 9 30 am – 4 pm (approx.)

7 July

Travel directions Meet at Southern Cross station for the 9 50 am Wairn Ponds train to Geelong, scheduled to arrive at 10 50 am (myki fare – no booking required).

Trains return to Southern Cross at 20 minute intervals from 2 29 pm.

Cost myki fares, plus entry to venues, refreshments at own cost

Places 20

Important information about ENROLMENTS in:



News & Views
Short Courses
Technology Courses
Visits & Outings
Full Year Courses

Enrolments for all sections of our Program must be done online.
The complete Term 2, 2020 Program will be online from Monday March 23

If you do not have an email account you will need to phone or come in to
our Balwyn Park Centre office

and we will assist you to enrol in your choices for Term 2, 2020.

The Office will be open and the phone will be answered during the vacation at these times:

Monday March 30 & Tuesday March 31
(10:00 – 12:00 – at Balwyn Park Centre)

&

Wednesday, Thursday & Friday April 15, 16 & 17
(10:00 – 12:00 – at Balwyn Park Centre)

when help will be available for enrolments

If you are coming to the office for help, please bring
a list of the courses in which you wish to enrol, in NUMERIC order

Otherwise, you can post your choices to our Postal Address:

PO Box 3149, Cotham PO, Kew, 3101

If you do have an email account, enrol by logging in to MyU3A, via

www.u3adeepdene.org.au

From the U3A Deepdene homepage, click on 'CURRENT TERM/COURSES'.

On the right-hand side of the 'COURSES' page you will see a link to 'MyU3A Member Access'. This will take you to MyU3A and you can use your ID and Password, to access Online Member Services. A link is there to use if you have forgotten your password.

If you need help, come in when the office is open or send an email (anytime) to u3adeepdeneinc@gmail.com and someone will assist!

**Printing courtesy of Hon Josh Frydenberg MP,
Federal Member for Kooyong**

Office and main meeting rooms: Balwyn Park Centre, Balwyn Park,
206A Whitehorse Road, Balwyn, 3103
(see below for other venues)
Postal Address: PO Box 3149, Cotham PO, Kew, 3101
Phone: 9817 7736
Office hours during Term time: 10 am – 2 pm Monday – Thursday and 10 am – 12 noon Friday
Email: u3adeepdeneinc@gmail.com Website: www.u3adeepdene.org.au



OUR VENUES

*We are very fortunate to have the use of the following venues again in 2020
On our website, there is a section VENUES. There you will find Melways references and clear maps.*

- ◆ – **OFFICE & MAIN VENUE** – Balwyn Park Centre, 206A Whitehorse Road, Balwyn, 3103
109 (Box Hill) tram, Car park (entrance from Whitehorse Road) street parking in Whitehorse Road, Cherry Street and some surrounding streets.

- ◆ **Alston Halls, Deepdene Uniting Church**, 958 Burke Road, Deepdene, 3103
109 (Box Hill) and 72 (Camberwell) trams; 548 (Ivanhoe) bus. Car park (entrance from Dale Street, off Whitehorse Road) with limited parking; street parking in Burke Road and Whitehorse Road.

- ◆ **Stradbroke Park Pavilion**, Corner Harp Road and Burke Road, Balwyn, 3103
48 (North Balwyn) tram – 10 minute walk; 302 (Box Hill), 304 (Doncaster SC) and 548 (Ivanhoe) buses. Ample off street car parking; entrance from Burke Road plus parking in Burke Road.

- ◆ **Horrie Watson Pavilion, Deepdene Park**, Whitehorse Road, Balwyn, 3103, between Walsh Street and Parkside Avenue
109 (Box Hill) tram. Off street car parking plus street parking in Walsh Street and Parkside Avenue.

- ◆ **Greythorn Community Hub**, 2 Centre Way, Balwyn North, 3104 near the corner with Trentwood Avenue
207 (Doncaster SC) bus. Some onsite underground car parking plus plenty of street parking.

- ◆ **The Concierge**, 45 Banool Road, Balwyn, 3103
109 (Box Hill) tram – 5 minute walk towards the North. Street parking.

