



TERM 4 2025 PROGRAM GUIDE

Monday 13 October – Friday 5 December

Our prime concern is the well-being of all members; those who are keen to attend face-to-face sessions and those who would prefer to use Zoom.

The program has been developed to provide opportunities both for face-to-face sessions and for sessions delivered through Zoom.

This Program Guide is in three parts:

- News and views (N & V)
- Short courses (S)
- Visits and outings (V)

Full Year courses 2025 is a separate document

Enrolments for ALL courses must be done online – see page 29, or phone for assistance.

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Office and main meeting rooms:

Balwyn Park Centre, Balwyn Park,
206A Whitehorse Road, Balwyn, 3103
(See page 10 and our website for other venues)

Postal address:

PO Box 3149, Cotham PO, Kew, 3101

Phone:

9817 7736 if office open. Otherwise 0408 019 815

Office hours:

Mondays to Fridays – 9.00am – 12noon, during term time

Email: u3adeepdeneinc@gmail.com

Website: www.u3adeepdene.org.au

NEWS & VIEWS

2025 Term 4

Thursdays 12 noon – 1.15pm

Via ZOOM

or viewed at Balwyn Park on large screen

Presentations: 40 minutes followed by Q&A via Zoom 'Chat' facility

Our aim is to encourage the exploration of ideas in an open, safe & mutually respectful environment

Views expressed by presenters are their own & not the official view of U3A Deepdene

Date	Focus of Presentation	Presenter
16 October	<i>European Union: A Power for Peace & Prosperity Worldwide</i>	Dr Oliver Landwehr: Deputy Ambassador EU Delegation to Australia
23 October	<i>Our Superannuation System Delivering a Dignified Retirement in an Equitable and Sustainable Way</i>	Professor Helen Hodgson: Curtin Law School Faculty of Business & Law Curtin University
30 October	<i>Underwater Sea Cables Sabotage: New warfare?</i>	Dr Samuel Bashfield: Research Fellow & Director Security & Geopolitics Australia India Institute University of Melbourne
6 November	<i>Treaty: Where to Now?</i>	Ian Hamm: Chair: First Nations Foundation Indigenous Land & Sea Corporation
13 November	<i>Authoritarian Regimes Iran, China, Russia & beyond: Undermining Social Cohesion in Democracies</i>	Dr Jessica Genauer: Senior Lecturer – International Relations Flinders University
20 November	<i>Australia's Defence & AUKUS – An Objective View</i>	Dr Elizabeth Buchanan: Senior Fellow Australian Strategic Policy Institute
27 November	<i>The Digital Shift: AI's Real Impact on Teaching & Online Education</i>	Dr Don Feaver: Director Education, Strategy & Design Leo Cussen Centre for Law
4 December	<i>Hidden Progress: The Good News</i>	Dr Angus Hervey: Founder: Fix The News Podcast Political Economist / Solutions Journalist

N&V Team: Kay Axsentieff, Barbara Emerson, Melinda Sparkes, Hugh Bucknall, Ken Wilson

SHORT COURSES

THE ARTS

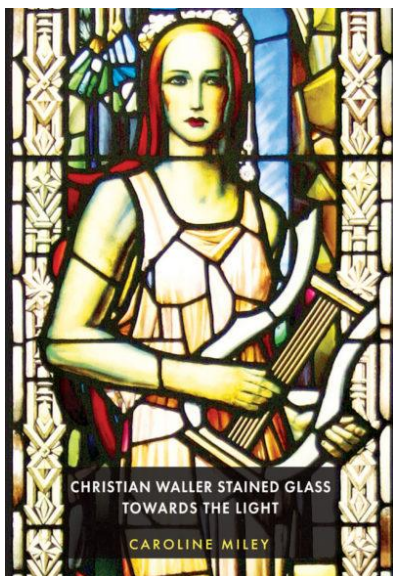
Visual Arts

S 01 *Dynamic Duo: Christian and Napier Waller*

Dr Bronwyn Hughes

Napier Waller is undoubtedly best known for his stained glass in the Australian War Memorial, Canberra, although fine examples of his work from the 1930s until his death in 1974 enhance churches and chapels across Victoria and New South Wales. Despite his prominence as a painter, printmaker and muralist as well as in stained glass, the only book of art historical scholarship remains Nicholas Draffin's, *The Art of M Napier Waller*, published in 1977. Caroline Miley's recent book, *Towards the Light* (2002) has brought his wife, Christian, to public attention, setting the record straight and giving her a rightful place alongside Napier as among Australia's most significant stained-glass artists of the twentieth century.

In this talk, Dr Hughes suggests that involvement in each other's art may be more complicated, and collaborative, than previously imagined, and has resulted in some of the most dynamic and successful of their stained-glass windows.



Wednesday 10.30am – 12 noon
15 October
Balwyn Park Centre

S 02 *Weaving Uzbekistan*

Christina Turner, Weaver, Plush, Luxury fabrics and design

As a textile artist, Christina is interested in studying the textile traditions of other cultures. A recent trip took her to Uzbekistan which is a major centre on the Silk Road in Central Asia. As well as looking at beautiful fabrics she was able to look at the wonderful architecture and experience the food of a different culture. Join Christina to hear about her fascinating trip immersed in the culture of traditional silk production and handmade fabrics surrounded by the wonderful architecture of Central Asia.



Wednesday 10.30am – 12 noon
29 October
Balwyn Park Centre

S 03 *An Artistic Legacy: A History of the Melbourne Athenaeum Art Gallery*

Fiona Moore, Archives Manager, The Melbourne Athenaeum

The Melbourne Athenaeum lays at the heart of the city's cultural, artistic and literary history. Established in 1839 as the Melbourne Mechanics' Institute it provided the city with its first library, museum and exhibition space. In 1910, its role as an arts hub was expanded with the opening of the Athenaeum Art Gallery. The Gallery was in operation for over sixty years and exhibited the work of some of Australia's most acclaimed artists. This lecture will bring to light the history behind the Athenaeum Art Gallery. Led by the Athenaeum's Secretary, Reginald W. E. Wilmot, and supported by prominent Melbourne artists as well as the Victorian Artists' Society, the vision was to

create a gallery in the central business district open to both established and emerging artists. It is a history that remains relatively unknown, and this lecture will unveil the enduring artistic legacy of this significant art gallery.



Athenaeum Art Gallery 1872



Twenty Melbourne Painters Society

Wednesday 10.30am – 12 noon

5 November

Balwyn Park Centre

S 04 An Intrepid Australian Adventurer

Leigh Peterson, retired engineer

Do you know this famous Australian? He was awarded the Military Cross and Bar when he was an official photographer on the Western Front in 1918; took part in Shackleton's Antarctic expedition of 1921-22 and carried out the first aerial explorations of Antarctica in 1928-29; was knighted in 1928 for his great feat of air navigation, flying eastward from Alaska over the Arctic Sea to Spitsbergen; attempted to reach the North Pole in 1931 by taking a surplus United States Navy submarine under the pack-ice; made four further expeditions to Antarctica from 1933 to 1939, and was feted by the U.S. Army, the U.S. Weather Bureau and the Arctic Institute of North America.

Who was this Intrepid Australian Adventurer? Come along and find out.

Wednesday 10.30am – 12 noon

12 November

Balwyn Park Centre

S 05 The Sculpture of Bart Sancilo

Bart Sancilo, sculptor

My arts practice is concerned with interpreting and distilling figuration into a succinct narrative to express a sense of actuality, intimacy and immediacy of beliefs and emotions.

Working to establish a dynamic relationship between line, form and design; expressed through a contemporary format yet responding to a classical tradition, I do not focus on illustration, rather, I am interested in interpreting and manifesting a narrative to acknowledge and affirm human nature and beliefs, and the multitude of consequences for being defined by time and place.

Many of these sculptures can be found in corporate collections, churches, colleges and in private collections in Australia and overseas.

Wednesday 10.30am – 12 noon

19 November

Balwyn Park Centre

S 06 Behind the Scenes: the conservation, preservation and display of art in public galleries

Shirley Silverstein, retired art teacher

This talk will feature a large variety of photographic images. It aims to enhance the attendees' understanding of the ways in which valuable and often fragile artworks are conserved and preserved at the NGV and smaller public galleries. The talk will also cover the many factors that curators, designers and educators must consider when selecting the best ways to present the artworks to the viewing public.

Wednesday 10.30am – 12noon

26 November

Balwyn Park Centre

S 07 Etruscan art in Tarquinia, Italy

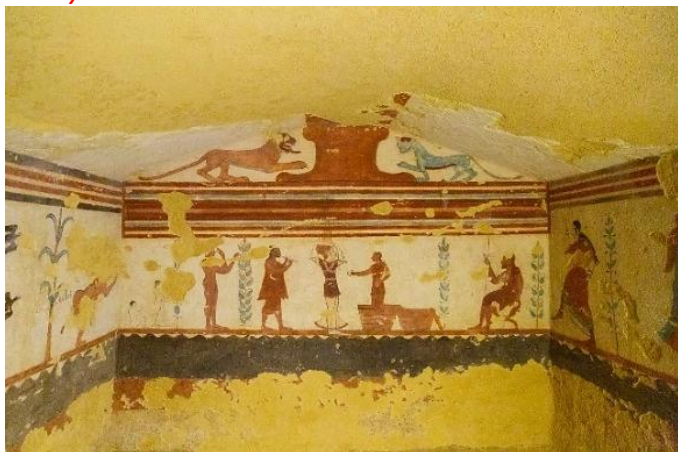
Judy Still, Deepdene U3A

The Etruscan civilisation dominated northern Italy from approximately the ninth to the third century BCE. The Necropolis at Tarquinia has at least 200 tombs in which beautiful wall paintings can still be seen. The museum at Tarquinia houses figurines in terracotta, metalwork, gold jewellery and pottery. This talk will give a brief history of the Etruscans and discuss examples of the extraordinary artwork on display at the museum.

Wednesday 10.30am – 12 noon

3 December

Balwyn Park Centre



Practical Arts

S 09 Making cards

Joan Cooper, U3A Deepdene

It is so good to receive a handmade card, realising that the sender has taken time and effort to make it for you. Come, learn and make special birthday and greeting cards for friends and family. A variety of examples are provided to copy or adapt. Led by an experienced card maker. All materials supplied.

Cost \$2 per card to cover materials. Paid to Joan on the day/s.

(2) Mondays 1.30pm – 3.00pm

27 October, 24 November

Private home

S 10 It's a Small World – develop a drawing technique NEW

Shirley Silverstein, retired art teacher

Georgia O'Keeffe famously said, "Nobody sees a flower - really - it is so small - we haven't time - and to see takes time, like to have a friend takes time". This quote highlights her belief that people often overlook the beauty and detail of small things in their busy lives. She sought to encourage viewers to slow down and truly observe the world around them, particularly the often-missed details of nature, like a flower.

In this short course you will be using a range of drawing techniques and media while creating artworks focusing on exploring small items that are commonly overlooked as a source of subject matter in art. Fun and challenging, this course will provide each student with an opportunity to develop their skills and personal style.

Equipment needed:

An A3 Cartridge drawing pad/sketchbook, 4B and 6B graphite pencils, an eraser, pencil sharpener and one white and one black Staedtler Lumocolor Glasochrom Permanent Pencil (\$3.36 at Officeworks). Additional materials will be provided by the tutor.

14 places only

(4) Mondays 1 30 pm – 3 pm

10, 17, 24 November and 1 December

Alston Halls

S 11 Felting

Julie Holder, U3A Deepdene

Learn the simple technique of making the most ancient textile known to man – felt!. From Mongolian tents to toys, potholders, clothing and jewellery making fine wool fibre into something else is almost magical. The creativity is whatever you can dream of.

Materials: old towel, half metre of bubble wrap, half metre of netting (eg curtain fabric), rolling pin or sturdy cardboard tube and a bottle with sprinkle lid or a spray and a piece of soap.

Cost \$5 per session to cover materials

(2) Mondays 1.30pm – 3.00pm

1, 8 December

Balwyn Park Centre

F 23 Slow Stitching & Beyond

Leader: Anne Semple

New Participants welcome

For absolute beginners and those more experienced, or even those just curious, surprise yourself with your creativity as you experience the process of Slow-Stitching - playing with bits of fabric and hand-stitching them together as the mood and interest take you.

Plain and simple, large or small, you could embellish your pieces with beads, buttons, lace and embroidery, or not at all.



Basic techniques are demonstrated, and guidance is provided as needed; we learn from each other too. Inspiration and experimentation might lead your hand-stitching beyond the basics. You might like to apply your skills and develop different techniques - even machine stitching as appropriate - to do or make something more purposefully. This could include ornamentation of garments, bags and other items; making fabric books and small cases; creating fibre art works of different kinds, gift cards and so forth.

Something already on the go?

Bring it along and we'll stitch together.

Tuesdays 10:30 – 12:00

Term 4 dates: October 21 & 28, November 18, December 2

Full Year Art Courses

F 21 Exploring watercolour

Merryl Corney

Mondays 10.00am – 12 noon

First five Mondays, commencing 13 October
concluding 17 November

Alston Halls, Deepdene Uniting Church

F 23 Slow stitching & Beyond

Anne Semple

Tuesdays 10.30am – 12 noon

1st & 3rd Tuesday each month (usually)

Balwyn Park Centre

F 24 En plein air

Helena Dunn

Wednesdays 1.30pm – 3.00pm

4th Wednesday each month

Participants will be advised of chosen sites

F 25 Painting and drawing

Gary Faul

Fridays 9.30am – 11.00am

Weekly

Balwyn Park Centre

F 26 Quilting

Jean Dunn

Thursdays 1.45pm – 3.15pm

Weekly

Balwyn Park Centre

F 27 Photography

Karin Watts

Mondays 11.00am

Various locations, fortnightly

Dates 6, 20 October, 3, 17 November,
1, 8 December

Thursdays 9.30am – 11.00am

Weekly on *Zoom*

GARDENS

S 12 *Caversham Court Gardens*

Judy Still, U3A Deepdene

This is a public garden on the banks of the River Thames which has been in existence for at least 500 years, firstly as a private residence, now as a public garden. This talk is about the history of the gardens and the restoration that took place in 2009. The gardens now include the old stables, a gazebo (or summer house as it was originally called) built in the 1600s, a 'crinkle-crankle' wall, a restored conservatory and a Yew border. The renovated garden is now a much loved and much used public garden.



Thursday 10.00am – 11.30am
6 November

Balwyn Park Centre

S 13 *The Use of Conservation Plans for Garden Restoration*

Helen Page, U3A Deepdene

In this talk, I will discuss the conservation studies for a range of historic gardens I have been involved with over the years, including Boroondara Cemetery. These documents are guiding documents for the ongoing management of these significant heritage sites.



Thursday
10.00am –
11.30am

20
November

*Balwyn
Park Centre*

A Visit

V 01 *Greenlink Indigenous Plant Nursery*

Helen Page, U3A Deepdene

Janet Russell and Robert Jones spoke to us about this volunteer run nursery in 2024 and Janet recently spoke to us about Gardens and our Senses so it will be interesting to see this Plant Nursery in operation. We will go behind the scenes and learn how they collect and grow some of the 200+ species. Plants will be available for purchase for \$2 for tube stock and marked prices for larger items. Following that we will have a walk around the adjacent park and see plants grown by the nursery. While there, we will have morning tea provided by the Nursery.



Thursday 10.00am – 11.30am
23 October

41 Wimmera Street, Box Hill North

HEALTH AND MEDICINE

S 14 Don't put it in the too hard basket

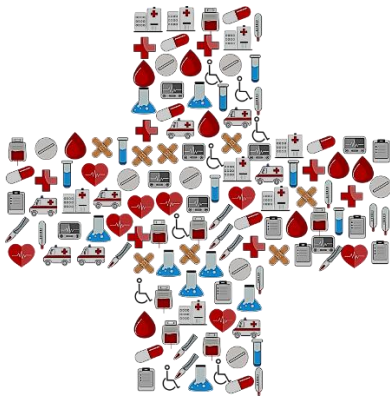
Kylie Ash, Advanced Care Planning

Planning for a health crisis is something we hope won't be needed. A medical issue can happen in an instant and who will step into your shoes to do what you want. Hear about the drafting of documents in an Advanced Care Plan which can make life easier for you, knowing your wishes will be carried out should it be necessary. It is a final 'gift' of clarity and peace for your loved ones. Kylie will address the many issues surrounding this topic.

Tuesday 10.30am – 12 noon

14 October

Balwyn Park Centre



S 15 The Changing Role of the modern Pharmacist

Jarrod McMaugh, Pharmaceutical Society of Australia

This session will discuss the evolving role of pharmacists in the provision of healthcare outside of the 'traditional' medicines supply role. We will discuss medicine review processes, transition of care management, working in settings other than a pharmacy (such as aged care and general practice), and the increasing role of pharmacists as prescribers for acute and chronic conditions.



Tuesday 10.30am – 12 noon

28 October

Balwyn Park Centre

S 16 You don't need to do it alone

Speaker from Dementia Support Australia

Are behaviours impacting the care of someone you know with dementia? Dementia Support Australia can offer proven advice, support and skills to help improve the quality of life for the person needing care. Find out what is available and how to access such support both for the patient and the carer. Whilst this aspect of ageing touches many of us within families or with friends it is always good to be gathering information and support advice for now or maybe sometime in the future.

Tuesday 10.30 – 12 noon

18 November

Balwyn Park Centre

S 17 The good and bad of modern medicine: fifty years

Dr Kerry Breen, Adjunct Professor, Forensic Medicine, Monash University

Did you know that coronary angiography only began through a mishap? Did you know that in the past fifty years (1966-2015) life expectancy for both women and men in Australia increased by 12 years? Or that in 1965 the average length of stay in our public hospitals was 14 days, reduced to 3 days in 2015? And why is advertising, which as recently as 1978 was grounds for a doctor to be deregistered, now permitted? And what major advances can Australian doctors claim credit for? In this presentation, based on his latest book, retired physician, Kerry Breen will explore and explain much of the progress made in medicine since 1965. He will also discuss some of the less welcome impacts of the changes that have occurred.

Tuesday 10.30am – 12 noon

25 November

Balwyn Park Centre

SCIENCE

S 18 *The nature of time*

Bruno Zielke, Astronomical Society of Victoria

Time shapes our lives, our minds and our reality and has a profound impact on daily decisions and the universe itself. Discover the story of humankind's struggle to record hours, days and years with accuracy: from sundials to mechanical clocks to today's communication systems synchronised by atomic clocks. Bruno will discuss how our understanding of the concept of time has developed in science, psychology and philosophy, with the startling modern idea from physics that time may be an illusion and not a fundamental entity of the universe.

Tuesday 1.30pm – 3.00pm

14 October

Balwyn Park Centre

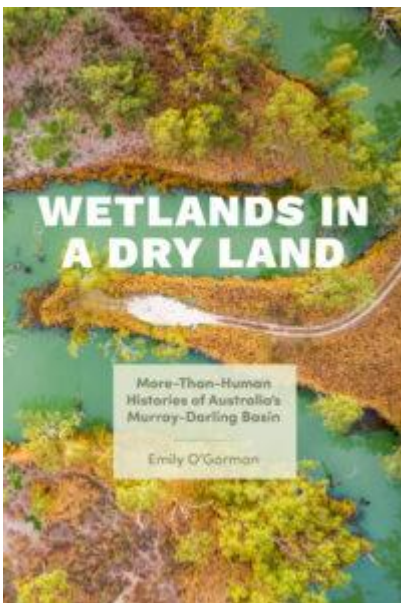
S 19 *Wetlands in a dry land*

Assoc. Professor Emily O'Gorman, Macquarie University, Author talk

In the name of agriculture, urban growth and disease control, Australia has drained, filled or otherwise destroyed a large part of our wetlands over the last two centuries.

Environmental historian, Emily O'Gorman

shows how people and animals have shaped our wetlands and how recently wetlands have been widely recognised as worth preserving for their diverse plants, animals and insects and their human histories.



Wednesday 1.30pm – 3.00pm

22 October

Zoom

S 20 *Working together for safer standards*

Richard O'Brien, USA Deepdene

With a background in the development of Codes of Practice and Safety Guides at the national and international level, Richard will discuss how regulation is or should be a cooperative process between operators and regulatory authorities. This promotes safety, good work practices and transparency. These basic principles can be (and already are) applied in a wide range of fields, such as food production, pharmaceuticals and some parts of the finance sector. Some other areas which might benefit from regulation will also be discussed if time permits.

Tuesday 1.30pm – 3.00pm

28 October

Balwyn Park Centre

S 21 *Australia's superb lyrebird*

Dr Alex Maisey, Research Fellow, La Trobe University

The superb lyrebird is one of our most fascinating and mysterious native birds.



Renowned for its astonishing ability to imitate almost any sound, from other birds to human-made noises, and for its dazzling courtship displays, this shy forest dweller is a true marvel of evolution. Explore the latest findings in field research on its vital role in forest ecosystems.

Tuesday 1.30pm – 3.00pm

11 November

Balwyn Park Centre

S 22 Birds and Birding

Peter Bennet, retired Biology teacher

What are birds? Are they important? Where did they come from? Why is Australia particularly important in the development of modern birds? Are our local bird populations changing? Why do some humans like them so much? Does birding really expand your mind, or just turn you into an antisocial eccentric? A discussion of these and other aspects of birds and birding!



Tuesday 1.30pm – 3.00pm

25 November

Balwyn Park Centre

Full Year Science Course

F 37 The 'New Scientist' discussion group

Well-informed discussions based on the reading of selected articles in the *New Scientist* weekly journal.

(4) Fridays 9.15 am – 10.45 am

24 October, 14, 28 November

Balwyn Park Centre

OUR VENUES

On our website, there is a section VENUES. There you will find descriptions and clear maps.

◆ – **OFFICE & MAIN VENUE – Balwyn Park Centre**, 206A Whitehorse Road, Balwyn, 3103
109 (Box Hill) tram, Car park (entrance from Whitehorse Road) street parking in Whitehorse Road, Cherry Street and some surrounding streets.

◆ **Alston Halls, Deepdene Uniting Church**, 958 Burke Road, Deepdene, 3103
109 (Box Hill) and 72 (Camberwell) trams; 548 (Ivanhoe) bus. Car park (entrance from Dale Street, off Whitehorse Road) with limited parking; street parking in Burke Road and Whitehorse Road.

◆ **Main Hall, Deepdene Uniting Church**, 958 Burke Road, Deepdene, 3103
109 (Box Hill) and 72 (Camberwell) trams; 548 (Ivanhoe) bus. Car park (entrance from Dale Street, off Whitehorse Road) with limited parking; street parking in Burke Road and Whitehorse Road.

◆ **Stradbroke Park Pavilion**, Corner Harp Road and Burke Road, Balwyn, 3103
48 (North Balwyn) tram – 10 minute walk; 302 (Box Hill), 304 (Doncaster SC) and 548 (Ivanhoe) buses. Ample off street car parking; entrance from Burke Road plus parking in Burke Road.

◆ **Horrie Watson Pavilion, Deepdene Park**, Whitehorse Road, Balwyn, 3103, between Walsh Street and Parkside Avenue
109 (Box Hill) tram. Off street car parking plus street parking in Walsh Street and Parkside Avenue.

HISTORY & CULTURE

S 23 Hudson Fysh: Pilot, Sportsman & Qantas founder

Matthew ETTY-Leal, U3A Deepdene

As a youth he excelled in cricket and football, not wanting a university education. He signed up for the Light Horse, becoming an excellent machine gunner and later a pilot. After World



War One he became the co-founder of Qantas, remaining with the business until 1966. Don Andrews, Qantas chair, on Hudson Fysh "An eminent

figure in international aviation who would never be forgotten."

Monday 1.30pm – 3.00pm

13 October

Balwyn Park Centre

S 24 When Women rule

Jone Gaillard, U3A Deepdene

It is well known and often said that history is written by the victor, what is not said is that it is written by men. Men's names fill the list of kings, generals, conquerors, tyrants and heroes, but some women, against all odds were able to inscribe their names in the history books and in the memories of generations. It is time for us as well to remember them.

(7) Tuesdays 10.30am – 12.00pm

14, 21, 28 October; 11, 18, 25 November; 2 December

Zoom

S 25 Revolutionary Russia: Red Tourism sites

Graham Morey-Nase, U3A Deepdene

This talk will tell the story of the Russian Revolution of 1917 and the first decade of communist rule by focusing on some key sites along the Trans-Siberian Railway, such as Ulan Ude, Irkutsk, Ekaterinburg, Moscow and St Petersburg. Featured will be characters such as the last Tsar, Nicholas II and his family, Rasputin, Lenin and Trotsky.

Thursday 10.00am – 11.30am

23 October

Balwyn Park Centre

S 26 Xi Jinping and the CCP

Gerry Engwerda, U3A Albury

In this session we will look at Xi's rise to power, how the CCP operates as an invisible force in Chinese society and how Xi proposes to leave his mark on Chinese history as a successor to the great change makers, Mao Tse Tung and Deng Xiao Peng.

What challenges must he and the CCP face over the next decades? Will his drive towards "common prosperity", a socialist reset and his aggressive diplomacy put at risk all that China has achieved? Will China survive Trump, its own demographic headwinds and why is Xi in such a hurry?

Monday 9.30am – 11.00am

27 October

Zoom

S 27 Sweet Legacy: The Chocolate Box story

Gary Adler



In 1939, a Czech Jew and a German Jew each fled Europe, one via Lebanon, the other via Cuba, before meeting in England. They married, survived the Blitz, and in 1948 arrived in Melbourne, where they dreamed of opening a camera shop. Instead, their project became *The Chocolate Box*. Their son, Gary Adler, finished school in 1972 and began what turned into a 48-year "gap year." Working with his parents and later his sister, he grew The Chocolate Box into a successful family business before retiring in 2020, after eating plenty of chocolate along the way, of course.

Monday 1.30pm - 3.00pm

10 November – **NOTE DATE!**

Balwyn Park Centre

S 28 The AUKUS unpacked: history and future

Graham Pratt, U3A Deepdene

AUKUS is the most ambitious and costly defence gamble Australia has ever made. Born out of the French submarine fiasco and fuelled by shifting power in our region, it locks us into decades of reliance on nuclear submarines and US politics. This talk examines the deal's troubled background, budget blowouts, and strategic logic. Why did we sign on, and who really benefits? Whatever the flaws, AUKUS is now too big to fail - our leaders will not allow it, no matter the cost.

Thursday 10.00am – 11.30am

30 October

Balwyn Park Centre

S 29 Clouds and weather

Gerry Engwerda, U3A Albury

Clouds play a crucial role in shaping weather patterns. They form when moist air rises, condenses, and creates clusters of water droplets or ice crystals. Different types of clouds indicate specific weather conditions, such as fair weather, overcast skies, thunderstorms, or prolonged rain. In this session we will look at how looking up can tell us a lot about what is about to happen, why it happens and why you should keep a camera in your car glovebox.

Friday 9.30am – 11.00am

7 November

Zoom

S 30 Stories of Portugal

Hugh Bucknall, U3A Deepdene

Geology and geography lay the foundations of history. Add a web of political intrigue, a smattering of innovation, insinuate the glorious cornucopia of exotic immigration, plus throw in a bold derring-do dash of courage to concoct the delights and surprises that shape modern Portugal. Modern travellers relish Portugal as a cheap and cheerful short destination. And sadly, miss the history at their feet and hiding in plain sight. But in this presentation, those stories come to light adding historical texture to the traveller's delight.

Wednesday 1.30pm – 3.00pm

12 November

Balwyn Park Centre

S 31 Studley Park's mid-century architecture

Trish Lele, U3A Deepdene

Throughout the 1950s and '60s, the steeply sloping sites of Studley Park, Kew attracted a new generation of young architects filled with post-war optimism, undaunted by the challenge and eager to capitalise on the river environment, commanding views and the modernist sensibilities of their clients. Today, the area is considered one of the most highly concentrated and certainly the best-preserved collection of architect designed post-war houses in Melbourne. Discover the fascinating architectural history of Studley Park on this Virtual Tour of the area.

Thursday 10.00am – 11.30am

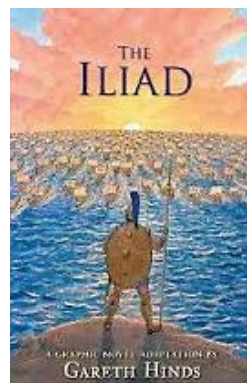
13 November

Balwyn Park Centre

S 32 War and peace: then and now

Janet Wood, U3A Deepdene

2500 years ago, Athenian general and historian Thucydides claimed that the causes of war were honour, fear and greed. How well does this explain a 27 year long war between Athens and Sparta or the wars of our own times?



Session 1: "The wrath of Achilles is my theme" - so begins the 'Iliad' with its account of ten years of war. Sparta and Athens and other bellicose Greek states hearkened back centuries to justify going to war with each other. Alexander kept a copy of the 'Iliad' under his pillow

and Napoleon had it in his knapsack! Are all wars basically alike?

Session 2: Poets and playwrights, then and now, write of wars, of heroes and victims. We look at the causes and consequences of war through the words of Aeschylus, Sophocles and Euripides as well as recent writers.

(2) Wednesdays 1.30pm – 3.00pm

19, 26 November

Zoom

S 33 India under Modi

Gerry Engwerda, U3A Albury

Since Modi's Bharatiya Janata Party (BJP) came to power in 2014, India has undergone significant domestic and international changes. Its Hindu nationalist agenda and development focus have reshaped politics, while a more assertive foreign policy has raised India's global profile. This talk explores India's evolving role, its complex relationships with China, Pakistan, the US, and Russia, and how recent political shifts, including a new coalition government, may shape its path in a multipolar world.

Monday 9.30am – 11.00am

24 November – *Zoom*

S 34 Hannibal crossing of the Alps

John Tuckfield

Two years ago, John Tuckfield retraced Hannibal's legendary crossing of the Alps in 218 BCE, one of the defining moments of the Second Punic War and among the most remarkable feats in military history. Hannibal led his Carthaginian army, complete with war elephants, through the treacherous mountain passes into Italy, bypassing Roman garrisons and naval supremacy to strike directly at the heart of the Roman Republic. In this talk, John will recount his journey, explore Hannibal's extraordinary achievement, and reflect on the enduring lessons it holds for us today.

Monday 1.30pm – 3.00pm

24 November

Balwyn Park Centre

S 35 Naples

Kamoya Peterson, U3A Deepdene

Naples is one of the oldest, continuously occupied cities in Italy. Its 2,700 years of rich cultural heritage have been recognised by UNESCO. It has a vibrant street life and is the third largest tourist destination in Italy, however, most visitors stay only a day, using it as a jumping off point. It has always been a major player in the history of the Italian peninsula, but this has also helped to make it something of an outsider. This talk will focus on some of the things and people that have made Naples both a world heritage site and a rather edgy city.

Thursday 10.00am – 11.30am

27 November - *Balwyn Park Centre*

S 36 Mannix and Raheen revisited

Sandy Curnow, U3A Deepdene

Archbishop Daniel Mannix was one of Melbourne's most influential and controversial figures, shaping religion, politics, and society in the 20th century.



His Kew residence, Raheen, was more than a home. It was a centre of power, hosting clergy, politicians, and community leaders. This talk revisits Mannix's legacy, exploring the historical forces he navigated and the debates he stirred. It reflects on Raheen's ongoing relevance today as a symbol of Melbourne's complex religious and cultural history.

Monday 1.30pm – 3.00pm

1 December

Balwyn Park Centre

S 37 The Little Ice Age and medieval warming

Gerry Engwerda, U3A Albury

Only in the last decade have climatologists developed an accurate picture of yearly climate conditions in historic times. This development confirmed a long-standing suspicion: that the world endured a 500-year cold snap that lasted roughly from CE. 1300 until 1850 after a surprisingly warm spell between 800 and 1200 CE. The Little Ice Age tells the story of the turbulent, unpredictable and often very cold years of modern European history and how climate affected historic events.

Friday 9.30am – 11.00am

5 December

Zoom

F 44 Historic Melbourne Walks – Full Year

Co-ordinator: Beth Perrigo, Deepdene U3A
Presenters are all U3A Deepdene members

TERM 4:

21 October – Malvern

Celia Dynon

18 November – Clunes

John Manton

2 December – Dockland Sculpture and Iconic
Buildings

Janie Gibson

Tuesdays 10 am – 12 noon
1st and 3rd Tuesdays each month during Term
time.

**F 45 World History -
presentations/workshops.**

Leader: Tom Padula

This course is a series of presentation/workshops.
Also suitable for U3A members for a one-off or
more sessions. All welcome. No textbooks required.
A good mobile phone is recommended for this
class.

First 4 weeks of each term

Wednesdays 11.30 – 12.30pm

15, 22, 29 October, 5 November

Balwyn Park Centre



F 46 Travel – Full Year

Coordinator – Pam O’Brien, Deepdene U3A
Presenters are all U3A Deepdene members

17 Oct A medley of UK experiences
Sue Steegstra

24 Oct Outback Queensland – part 4
Geoff Deason

31 Oct Cape York & the Torres Strait by
air
Victor Caune

7 Nov Bucketlist Bibliotourism – part 2
Fiona Malcolm

14 Nov Mississippi Delta by Greyhound
bus
Trish Lele

21 Nov To the land of the midnight sun:
Oslo to Tromso and Bergen
John Manton

28 Nov Exploring geological features
across southern Australia
Beth Perrigo

5 Dec The Spice Islands
Victor Caune

Fridays 11.30am – 1.00pm

**This is an opportunity for us to enjoy travel
experiences. It does not include political,
cultural, or socio-economic observations.**

Zoom and on the screen at Balwyn Park Centre

ACKNOWLEDGEMENT OF COUNTRY

We respectfully acknowledge the Wurundjeri Woiwurrung People of the Kulin Nation, and their

Elders past and present and future,

who are the Traditional Owners of the land on which U3A Deepdene is located.

We are honoured to recognise our connection to Wurundjeri Country,

history, culture and spirituality through this location.

We also acknowledge the Traditional Owners of lands across Australia,

their Elders, Ancestors, cultures and heritage.

LITERATURE

S 38 *The Sonnet*

Ken Wheat, Hawthorn U3A

The sonnet or 'little song' is associated with desire. For centuries poets have used the sonnet to create crisp, powerful statements on universal themes such as love, death, war and faith. In the contemporary age, poets have sought a more innovative take on sonnets, using classic forms and structures to explore present-day themes.

Session One: A brief history of the sonnet, the forms (Petrarchan, Shakespearean, etc.), and themes.

Session Two: From Shakespeare to the Modern Era.

Session Three: World War 1 to the Present.

Session Four: Everyone's favourites.

(4) Thursdays 10.30am – 12 noon
October 16, 23, 30 and November 6

Balwyn Park Centre

S 39 *Austen in Pictures*

*Emeritus Professor Chris Browne,
Monash University*

Enjoy a stimulating talk and a delicious spread and discussion at this literary morning tea. Austen's novels were originally published without images, so Professor Browne will discuss the illustrations that artists have used to enhance her words and to recreate her early nineteenth century world. He'll be drawing on his extensive collection of Austen editions, some of which will be on display. And he will ask us to judge whether a picture is indeed worth a thousand words.



Tuesday
10.30am –
12 noon
21 October
*Balwyn Park
Centre*

S 40 *Play reading*

Lilian Cohen, U3A Deepdene

Do you enjoy drama? Perhaps you have been involved in amateur theatre, or maybe you harbour an unfulfilled dream to be a thespian. An opportunity to participate in reading aloud a different play each term, without the need to commit one's part to memory. \$5 to cover hiring and postage of the scripts for the selected play, to be paid to the class monitor at the first session.

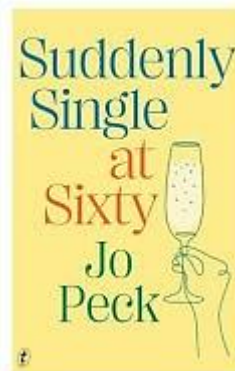
(2) Thursdays 2.00pm – 3.30pm
23, 30 October

Balwyn Park Centre

S 41 *Suddenly Single at Sixty*

*Jo Peck, Author, in conversation with
Trish Lele*

It's a familiar enough refrain, 'He left me for a younger woman'. But isn't that something that happens to other women? Well, it happened to



Jo, and her book, *Suddenly Single at Sixty*, is her generous, considered and very entertaining account of how she felt and how she coped after her husband of 25 years abruptly left her for a much younger woman.

Join with Trish Lele in exploring Jo's hopeful and heartfelt journey of adjustment and personal growth. You will be moved, informed and, most of all, thoroughly entertained.

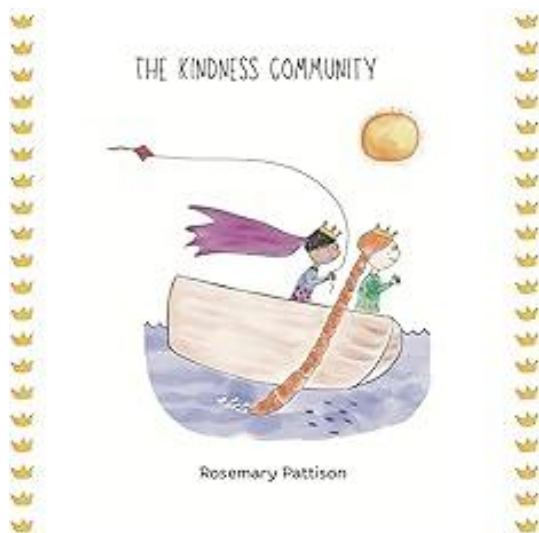
Wednesday 1.30 – 3.00pm
26 November.

Balwyn Park Centre

S 42 Creating Stories for Change: a journey from classroom to community

Rosemary Pattison, U3A Deepdene

Join Rosemary for an inspiring discussion about using children's literature to address important social issues and creating a positive change for young people. Drawing from her background in education — teaching music and mathematics in secondary schools, followed by business and technology at TAFE — Rosemary brings a unique perspective to storytelling that both educates and empowers. Her creation of a children's book explores consumerism and its impact on our world, demonstrating how everyday observations can become powerful tools for social commentary and youth education. This talk explores how stories can encourage young people to think critically about their world while fostering values of kindness, curiosity, and environmental consciousness. Rosemary will have her books for sale and also cards she creates along this theme.



Tuesday 1.30 – 3.00
2 December.
Balwyn Park Centre

Full Year Book Groups

Asterisked groups described separately

F 01 Readers' rendezvous (1st Monday)

Trish Lele
Mondays 1.30pm – 3.00pm
Zoom

F 02 Alston readers (4th Monday)

Jan Beards
Mondays 1.30pm – 3.00pm
Alston Halls, Deepdene Uniting Church

F 03 Exploring history in fact and fiction

Tuesday once a term
Kamoya Peterson
Tuesday 1.30pm – 3.00pm
Term 4 date: 11 November

Stradbroke Park Pavillion

F 04 'Whodunits' (3rd Tuesday)

Roz Berman
Tuesdays 1.00pm – 3.00pm
Stradbroke Park Pavillion

F 05 Terra Australis book group (1st Wednesday)

Fiona Malcolm
Wednesdays 10.00am – 11.30am
Alston Halls, Deepdene Uniting Church

F 06 Reading great literature (weekly)

Christine Watters
Thursdays 12 noon – 1.30pm
Weekly

Alston Halls, Deepdene Uniting Church

F 07 Crime fiction book group (1st Thursday)

Robert Lyons
Thursday 2.00pm – 3.30pm
Balwyn Park Centre

F 08 Men's book group*

John Kidman
Thursday 2.00pm – 3.30pm
Term 4 date: 27 November

Balwyn Park Centre

F 09 Biography book group*

Susie White
Thursday 2.00pm – 3.30pm
Term 4 date: 20 November

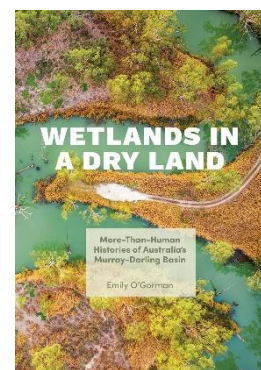
Zoom

See under Science: S 19 Wetlands in a dry land

Assoc. Professor Emily O'Gorman, Macquarie University, Author talk

In the name of agriculture, urban growth and disease control, Australia has drained, filled or otherwise destroyed a large part of our wetlands over the last two centuries. Environmental historian, Emily O'Gorman shows how people and animals have shaped our wetlands and how recently wetlands have been widely recognised as worth preserving for their diverse plants, animals and insects and their human histories.

Wednesday 1.30pm – 3.00pm 22 October *Zoom*

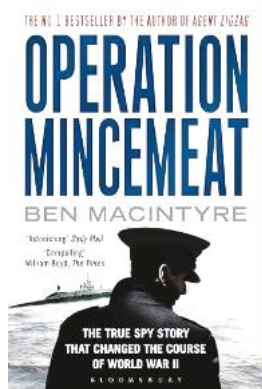


F 08 Men's Book Group (Full Year)

Leader: John Kidman, U3A Deepdene

Our book for Term 4, 2025, kindly selected by Phil Harmsworth, is "Operation Mincemeat" by Ben Macintyre.

Operation Mincemeat was the most successful wartime deception ever attempted, and certainly the strangest. It hoodwinked the Nazi espionage chiefs, sent German troops hurtling in the wrong direction, and saved thousands of lives by deploying a secret agent who was different, in one crucial respect, from any spy before or since - he was dead. The deception started in a windowless basement beneath Whitehall. It travelled from London to Scotland to Spain to Germany. And it ended up on Hitler's desk.



Ben Macintyre, bestselling author of *Agent Sonya*, *The Spy and the Traitor* and a number of other best sellers, weaves together private documents, photographs, memories, letters and diaries, as well as newly released material from the intelligence files of

MI5 and Naval intelligence, to tell for the first time the full story of Operation Mincemeat.

Thursday 2.00pm – 3.30pm

Term 4 date: 27 November

Balwyn Park Centre

F 09 Biography Book Group (Full Year)

Leader: Susie White, U3A Deepdene

In Term 4 we will read about a woman who had a major impact on international diplomacy over the last century.



Written by Sonia Purnell and published in 2024, the book is entitled *Kingmaker: Pamela Churchill Harriman's astonishing life of Seduction, Intrigue and Power*

Purnell unveils for the first time the full and spectacular story. Much of what Harriman did behind the scenes to shape the twentieth century, on both sides of the Atlantic remained invisible. That is, until now: with a wealth of fresh research, Sonia's story tells of how Harriman left an indelible mark on the world.

Thursday 2.00pm – 3.30pm

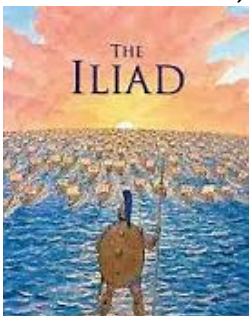
Term 4 date: 20 November

Zoom

See under History & Culture:

S 32 War and peace: then and now

Janet Wood, U3A Deepdene



2500 years ago, Athenian general and historian Thucydides claimed that the causes of war were honour, fear and greed. How well does this explain a 27 year long war between Athens and Sparta or the wars of our own times?

MUSIC and DANCE

S 43 *Singing for pleasure*

Stuart Shearman, U3A Deepdene



Everyone needs to sing! Singing is good for you! Come and join us to sing in a fun, relaxed environment, in unison and in parts. No auditions involved. But extremely helpful if members can read music and have a good sense of pitch. NEW members will be welcome! Music selected will depend on the vocal abilities and types of voices of the members. There will be a charge for music (approx. \$5 per term). This should be paid to the class monitor when requested. We will be led by Stuart Shearman and accompanied by Helen Thomas, U3A Deepdene.

We meet weekly – Mondays 1.30pm – 3.00pm

Let's keep the choir going and who knows what we may achieve!!

Main Hall, Deepdene Uniting Church

S 44 *Musical Exuberance – Saluting Stephen Sondheim*

Janie Gibson, U3A Deepdene

One of the most recognisable names in all of Broadway history, Stephen Sondheim is beloved by many for his extensive repertoire of musicals ranging from short-lived Broadway productions to best-selling, multi-revived Broadway hits.

Over his nearly 70-year career, Sondheim wrote the music and lyrics for close to 20 full-length musicals, and was nominated for numerous Tony Awards, nearly 20 Grammy Awards and an Academy Award, amongst dozens of other awards. When he passed away in November 2021 at the age of 90, he left the theatrical community with an unforgettable legacy and a repertoire that is honoured and adored by artists and audiences alike.



Wednesday 1.30pm – 3.00pm

29 October

Balwyn Park Centre

S 45 *My (your) life in song*

Roy Olliff, U3A Deepdene

Roy, although now a baritone, has sung solos since he was a boy soprano. In “My (your) Life in Song”, Roy will sing a range of songs to take you down his and your memory lanes.

From the highlands of Scotland to the battle fields of Vietnam; musicals in Hong Kong to a men’s a cappella trio in Australia. A light-hearted session with the music we remember. Roy will lead us in a ‘history’ of music from our younger years. We will have a keyboard and you may be invited to sing along!

Thursday 2.00pm – 3.30pm

13 November

Balwyn Park Centre

Ideas for presentations/classes

Do you have suggestions for our program?

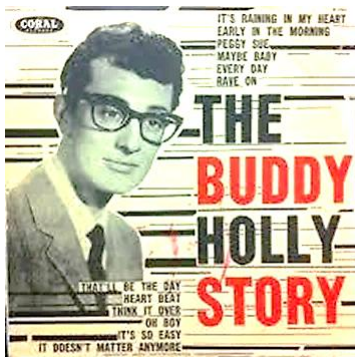
Contact the coordinators of the various categories or email the Short Course Program Coordinator at

deepdeneu3ashortcourses@gmail.com

S 46 Musical exuberance – Buddy Holly

Adrian Rossi

'Rock and roll as we know it wouldn't exist without Buddy Holly. The bespectacled '50s teen idol roughed up familiar musical influences —rhythm & blues, rockabilly, country and western— with upbeat tempos, a jittery vocal approach, and youthful lyrics filled with edgy declarations of love, lust and heartbreak.'



Charles Hardin Holley known professionally as Buddy Holly, was an American singer, songwriter, and musician who was a central and pioneering figure of rock and roll.

During his short career, Holly wrote and recorded many songs. He is often regarded as the artist who defined the traditional rock-and-roll lineup of two guitars, bass, and drums.

Wednesday 1.30 pm – 3.00pm

19 November

Balwyn Park Centre

We have a range of practical music classes included in our Full Year Program.

- Keyboard
- Recorders – two levels
- Recorder ensemble – two levels
- String orchestra – many levels

We need help with:

Visits & Outings – do you have excursions you would like to see in our program?

Contact the co-ordinators of the various categories or email

Judy Still, Short Course Program Coordinator at

deepdeneu3ashortcourses@gmail.com

PERSPECTIVES ON SOCIETY

S 47 International Crises

*David Dorward, Associate Professor,
LaTrobe University, (Retired)*

Join Associate Professor David Dorward as he continues his thought-provoking series on the world's unfolding geo-political and economic crises.

From major conflicts to financial shocks, we are witnessing dramatic shifts that are testing the 'rules-based order' that guided international relations for decades. In clear and accessible terms, David unpacks what's happening, why it matters and how these changes may be shaping the future we all share.

(3) Mondays 9.30am – 11.00am
13, 20 October, 10 November

Zoom

S 48 Lunchtime Conversation on Tuesday

Vince Giuca, U3A Deepdene



Take a break, bring your lunch, and join us every second & fourth Tuesday for thought-provoking conversations on today's most pressing issues. Each session focuses on a different topic shaping our world — from the political influence of emerging technologies to global diplomacy and the environmental impact of government decisions.

We'll kick off with a short article or video to spark ideas and set the stage, followed by a guided discussion where everyone can share their thoughts in a respectful and open environment.

Tea, coffee and biscuits provided. Let's talk about issues that matter.

(4) Tuesdays 12.15pm – 1.15pm
2nd & 4th Tuesdays
14, 28 October, 11, 25 November

Balwyn Park Centre

S 49 What to do about China

Ian McKenzie, U3A Deepdene

Ian McKenzie, a former senior government official with extensive experience in intelligence and security, will explore one of Australia's most pressing strategic dilemmas: how to balance economic prosperity with the pursuit of genuine strategic independence. His discussion will pose challenging questions: what price are we prepared to pay for independence? And what would be our attitude to a hot war?

Wednesday 1.30pm – 3.00pm
22 October

Balwyn Park Centre

S 50 Donald Trump: a special case?

Ian Hundley, U3A Deepdene

Ian will consider some of the more challenging questions surrounding the Trump presidency. These include: what is it about Trump's view of the world and the way he does business that is unique to his presidency, how much of it can be viewed as a more enduring element in U.S. politics?

Do answers to these questions mean anything for Australia, including the way we conduct our politics? And what may we teach the Americans? If they are listening.

Wednesday 1.30pm – 3.00pm
26 November

Balwyn Park Centre

Full Year Courses

F 30, F 31 Issues and current affairs – Monday

Group A 9.45am – 10.45am *Zoom*
Group B 11.00am – 12noon *Balwyn*

F 37 Politics and current affairs – Thursday

Group A 10.00am – 11.30am *Zoom*

Full year course

F 38 Jewish Scriptures and Writings

Dina Burgess, U3A Deepdene

This is a thematic study of the Tanach (Hebrew Bible). Beginning with the Torah (Genesis to Deuteronomy), but not necessarily in that order, we will deepen our understanding of selected chapters and verses, using texts from the other two sections of the Tanach, namely the Prophets (e.g. Ezekiel, Isaiah, Second Isaiah and Jeremiah) and the Writings (e.g. Psalms, Job, and Ecclesiastes), focusing on concepts and themes, ancient and modern, relating to Jewish ethics and societal wellbeing. Topics will include, amongst others: free will and God's role in history; idolatry and the problem of evil; war and peace; affluence and human hubris; gratitude and the sin of joylessness; and stewardship of God's gifts. Discussions will reference writings of rabbis and Jewish sages from the Talmud (e.g. Rabbis Hillel and Shammai), through medieval times (e.g. Ibn Ezra and Moses Maimonides), to the current era (e.g. Martin Buber, the late Rabbi Lord Jonathan Sacks, and selected Australian rabbis).

Most sessions will begin with a segment called 'Israel matters', with updates about events in Israel and the Jewish world. Jewish religious festivals will also be highlighted as they occur during the year. The course is for non-Jewish people, and will suit both new and returning participants. In keeping with Jewish tradition, questions and discussion are welcome, the only requirement being mutual respect. This is a year-long course, conducted on Zoom, weekly on Wednesdays.

The course is hosted by U3A Waverley, with members of other U3As also participating.

Enrolment for Deepdene members is through U3A Deepdene.

Wednesdays 10.30am – 12.30pm Weekly

Zoom

Ideas for presentations/classes

Do you have suggestions for our program?

Contact the co-ordinators of the various categories or email

Short Course Program Coordinator at

deepdeneu3ashortcourses@gmail.com

AFTER RETIREMENT

S 52 Staring at the Sun – end of life issues

Margaret O'Connor, Emeritus Professor of Nursing, Monash University

This session will address many of the questions that people are often loathe to ask. In a discussion style session, we will look at aspects like support structures, legal requirements and family questions and include advance planning, the role of palliative care, voluntary assisted dying and other relevant issues.

Thursday 2.00pm – 3.30pm

16 October

Balwyn Park Centre

S 53 Update on Superannuation following the 2025 federal budget

Terry O'Callaghan, U3A Deepdene

As well as providing an update on recent changes made by the Federal Government to Australia's Superannuation scheme including any changes under consideration, I will report on the investment performance results of the major Superannuation Funds for the year ending 30 June 2025. The latter information will assist members benchmark the investment performance of their own Superannuation Fund including a comparison of the annual cost. I will also briefly mention the role of Superannuation Funds assisting members in the retirement and the use of AI in the Superannuation industry.

Thursday 2.00pm – 3.30pm

23 October

Balwyn Park Centre

We thank our supporters:



Deepdene



TECHNOLOGY

The courses within the Technology program are a response to the expressed needs and interests of members. If you are looking for a technology course that is not listed, please let us know. Please be aware that some of the technology sessions will be delivered through Zoom. Some courses are ‘hands-on’, where you will learn how to use your own device. The course description for these courses will indicate whether you will need to have access to a device.

Please note that U3A Deepdene committee and presenters do not accept liability for any consequences to your computer or mobile device in acting on any information you obtain at these classes.

S 54 Introduction to Microsoft Excel.

Megan Williamson, U3A Deepdene

This is a ‘basic’ introductory course on Microsoft Excel for Windows. Over the course of three engaging sessions, you will learn the fundamental skills needed to navigate and utilise Excel with confidence. We will cover all the basics, including how to create and format spreadsheets, enter and manage data, and perform simple calculations. Whether you are looking to organise your personal finances, keep track of important dates, or simply explore a new digital skill, this course will provide you with the tools and knowledge to make the most of Microsoft Excel. In addition to hands-on practice, you will also learn tips and tricks to enhance your efficiency and productivity. Join us for this empowering and enjoyable learning experience, and discover how Microsoft Excel can help you stay organised and informed in your daily life.

Participants: 6 places

(3) Mondays 1.30pm – 3.00pm

13, 20, 27 October

Balwyn Park Centre

S 55 Unlocking the Future: AI Ethics, Security and Intelligent Agents

Tim Hodgetts, U3A Deepdene

Artificial Intelligence (AI) is no longer a far-off concept—it’s here, shaping our daily lives in ways big and small. But with this exciting AI technology comes important questions:

- How do we ensure AI is used ethically?
- How can we protect ourselves and our data?
- And what exactly are “AI agents”, and why are they becoming such a big deal?

Join us for an engaging and easy-to-follow session where we’ll explore these aspects in

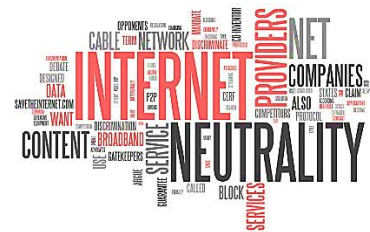
the fascinating world of AI, cutting through the jargon to explain how it works, how it affects you, and how to stay safe in a digital world. You’ll discover the principles guiding ethical AI, learn practical tips for online security, and get an introduction to AI agents—powerful tools that can think, plan, and act on your behalf. This is your chance to understand the technology of the future, ask questions, and walk away with knowledge you can use today.

Participants: 15 places

Tuesday 10.30am – 12noon

14 October

Balwyn Park Centre



S 56 Beginners Apple iPads and iPhones

Terry O’Callaghan, U3A Deepdene

This popular four-week face-to-face class is for users of Apple iPhones and/or iPads who prefer ‘one-on-one’ learning. Because of this approach, the class is restricted to six members. We will cover Settings, Contacts, Messages, Mail, Safari, App Store, Camera, Photos, Notes, Books, Clock, Keyboard use and Siri. You will need to bring an iPhone or iPad and your Apple password to download Apps.

Participants: 6 places

(3) Tuesdays 1.30pm – 3.00pm

14, 21, 28 October

Alston Hall, Deepdene Uniting Church

S 57 I didn't know my phone could do that! (Session 1)

Errol Muir, U3A Deepdene

Join us for a workshop exploring some of the many little-known features of mobile phones, such as magnification, speech, and finding your parked car. Develop confidence in using your mobile phone and the internet by exploring the built-in features of your phone and using the application stores on iOS and Android platforms. The session will start with morning tea. Participants will select the topics to be covered from a list of possibilities. Each selected topic will be discussed, and participants will follow along on their phones, working in pairs where appropriate. Experts will be available to assist.

This session is part of Get Online Week and you can invite a non-member friend to come with you. Enrol through the U3A website and if you are bringing a friend, please email deepdeneu3atechnology@gmail.com. There are identical morning and afternoon sessions.

Please enrol in one only.

Limit 35 participants

Wednesday 10.30am – 12noon

22 October

Balwyn Park Centre

S 58 I didn't know my phone could do that! (Session 2)

Errol Muir, U3A Deepdene

Join us for a workshop exploring some of the many little-known features of mobile phones, such as magnification, speech, and finding your parked car. Develop confidence in using your mobile phone and the internet by exploring the built-in features of your phone and using the application stores on iOS and Android platforms. The session will start with afternoon tea. Participants will select the topics to be covered from a list of possibilities. Each selected topic will be discussed, and participants will follow along on their phones, working in pairs where appropriate. Experts will be available to assist.

This session is part of Get Online Week and you can invite a non-member friend to come with you. Enrol through the U3A website and if you are bringing a friend, please email deepdeneu3atechnology@gmail.com. There are identical morning and afternoon sessions.

Please enrol in one only.

Limit 35 participants

Wednesday 1.30pm – 3.00pm

22 October

Balwyn Park Centre



S 59 Computing HelpDesk

Gerald Hughes, U3A Deepdene

Get help with some aspects of your computing by sharing experiences to ensure that we all manage to keep across technology developments. This face-to-face class is an opportunity to get your questions answered. Once enrolled, you'll be asked by email to identify where you want help and you'll be given a 15-minute timeslot in the session when your question will be addressed, anonymously if you wish. Questions can relate to hardware, software, device usage, the internet or your technology setup. Gerald may group similar questions in a composite answer. If you just want to listen in, you are welcome to attend, but during the discussion on specific topics, those who raised the topic will be addressed directly.

Limit: 20 participants

Wednesday 1.30pm – 3.00pm

29 October

Balwyn Park Centre

S 60 IT Security: protecting devices and data in a digital world

Gerald Hughes, U3A Deepdene

This presentation addresses fundamental issues of IT safety and security in today's digital environment. Key topics include the protection of devices and cloud-based data, risks associated with lost or stolen equipment, and prevalent threats such as scams, phishing, and hacking. Attendees will be informed of best practices for safeguarding information, including the use of strong passwords, two-factor authentication, regular updates, and prompt response to security incidents. The session underscores the importance of vigilance and personal responsibility in mitigating cybersecurity risks.

Wednesday 1.30pm – 3.00pm

5 November

Zoom

S 61 Practical AI Skills: Deep Research and NotebookLM

Errol Muir, U3A Deepdene

We'll explore two game-changing AI tools that can help you find, understand, and organise information faster and more effectively than ever.

- Deep Research scans the web for you, delivering trustworthy, well-sourced answers you can refine with follow-up questions — like having a professional researcher in your pocket.
- NotebookLM works with your own materials — documents, notes, even YouTube videos — helping you structure ideas, summarise content, and create custom learning aids such as quizzes.

You'll have time to try both tools on your own phone or laptop, with easy step-by-step guidance. We'll tackle everyday tasks such as:

- Comparing information from different sources
- Summarising your personal notes
- Organising ideas for a hobby, trip, or study project

By the end, you'll walk away with new skills, practical examples, and the confidence to keep exploring AI on your own.

Limit 15 participants

Tuesday 10.30am – 12noon

11 November

Balwyn Park Centre



S 62 How AI is changing Teaching and Learning

Ken Wilson, U3A Deepdene

In classrooms, lecture halls, technical colleges, and online language schools, ChatGPT is opening exciting new possibilities for teaching and learning. Educators use it to create inspiring lessons, adapt materials for every learner, and give instant, personalised feedback – all to help students achieve more. Learners use it to simplify complex topics, practise languages, and explore new skills at their own pace.

In this hands-on workshop, you'll discover exactly how it works. We'll share real examples of how teachers use ChatGPT to improve learning, and you'll try its Study and Learn tool yourself – whether to master a grammar rule, solve a maths problem, or dive into a new interest. Come along, join in, and see how you can use ChatGPT the way the best educators do: as a practical, personalised learning partner for whatever you want to explore next.

Participants: limit of 15

Tuesday 10.30am – 12noon

25 November

Balwyn Park Centre

S 63 Artificial Intelligence and its impact on society.

Gerald Hughes, U3A Deepdene

This talk will discuss the profound transformations of AI within healthcare, transportation, customer service, employment, investment, and utilities. In healthcare, AI enhances diagnostic accuracy, personalises treatments, and streamlines administrative functions. In transportation, it fosters greater efficiency and safety through autonomous systems and intelligent traffic management. Customer service is rendered more effective and responsive via automated agents. While the potential for economic and societal advancement is pronounced, AI's proliferation also engenders noteworthy challenges. A major impediment is societal resistance to change. Prevailing anxieties concerning employment displacement, mistrust of the technology's opaque mechanisms, and profound apprehensions regarding privacy and ethical use of data persist. Cultural reservations and ethical concerns, particularly surrounding surveillance and bias, further compound reluctance to embrace AI-driven innovation.

Wednesday 1.30pm – 3.00pm

3 December

Zoom

Have you an idea a request or a query about possible Technology presentations or workshops for future programs?

Contact Errol Muir

Deepdene Technology

deepdeneu3atechnology@gmail.com

MICELLANEOUS ACTIVITIES

Some FULL YEAR courses to keep you busy!!
See 'Extending Your Thinking' in the FY Program

F 32 Chess

Anne Whittenbury, Manfred Siebentritt,
U3A Deepdene

Please join Anne and Manfred on Monday mornings to enjoy a game of chess or learn how to play. Beginners are welcome to join the group.

Chess sets will be provided by U3A Deepdene.

Mondays 11.30am – 1.00pm Weekly

Stradbroke Park Pavilion,

F 33 Scrabble

Self guided, U3A Deepdene

If you enjoy playing with words, join this group for a friendly and light-hearted game.

Tuesdays 1.00pm – 3.00pm Weekly

Balwyn Park Centre, Garden Room

F 34 Eastern style Mahjong

Swee Wah Mak, Elaine Chin, Michelle Chee, U3A Deepdene

Come along and join us for an afternoon of eastern style mahjong. We accept people of all abilities.

Wednesdays 12.30pm – 3.00pm Weekly

Stradbroke Park Pavilion

F 35 Trivia

Val Little with helpers, U3A Deepdene

Come along, join our local 'Hot Seat' team. Just knowing one answer could help your team win a chocolate, as well as having some fun.

Wednesdays 1.30pm – 3.00pm

First Wednesday each month during the term.

Term 4 Dates:

October 6, November 3, December 1

Balwyn Park Centre

F 42 Mahjong

Caryl Hogg, U3A Deepdene

Come along and join us for an afternoon of mahjong. We play the western version and can only accept people who can play, as lessons are not available.

Fridays 1.00pm – 3.00pm Weekly

Stradbroke Park Pavilion

U3A Deepdene

S 64 Discerning Diners

Anne Kemp, U3A Deepdene

Our third "Discerning Diners" event and the last for 2025! This "special occasion" event brings together people who like to enjoy fine dining, good food, interesting wines with great company.

The venue for Term 4 is *Franco-Belge, 6 Evans Place, Hawthorn East 3123*

Enjoy the 'joie de vivre' with sumptuous French-Belgian cuisine, accompanied by wine, family, and friends in the heart of Camberwell Junction. We've brought the best of our home lands together for you to experience the true flavours of France and Belgium. It's no coincidence that our food tastes like the real deal. Our genuine passion for food and wine brought the recipes of our forefathers (and mothers) from the fields of France and Belgium to the tables of Hawthorn East. We take classic French and Belgian recipes and add our signature Melbourne twist.

Anne will send an updated menu to those who register. Please let her know regarding any food allergies.

<https://www.francobelge.com.au/>

Thursday 6.30pm

November 6

Places: 16

INTERNAL

S 65 Oral French Intermediate and Advanced **NEW in Term 4**

Marlene Oppenheim, U3A Deepdene

Practise your spoken French while having fun playing impromptu word games in a friendly, non-competitive environment. Every participant will be actively involved. As you will need to draw on your existing knowledge of the language this class is recommended for intermediate and advanced levels.

Tuesdays 11.30am – 12.30pm

Two sessions in Term 4

October 21; December 2

Stradbroke Park Pavilion

These two sessions are a "Taster".

If sufficient interest, Marlene will run the course fortnightly in 2026.

S 66 Wednesday table tennis

Pierre Ah-Ching, U3A Deepdene

Weekly in TERM 4

No prior experience is required, and the course is open to members of all abilities, interested in playing on Wednesday afternoons.

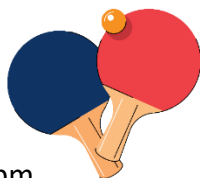
You may attend this group if you are prepared to assist others.

Participants: 16 places

Wednesdays 1.30pm – 3.00pm

Weekly

Main Hall Deepdene Uniting Church



External Courses

S 67 Cards – 500 and Solo

David Embury, U3A Box Hill

Instruction in either or both of these card games provided for beginners or those who have not played for some time.

Supervised games arranged for more experienced players.

(Members of U3A Deepdene may join this course as guests of U3A Box Hill.)

U3A Deepdene members intending to join this group should enrol through U3A Deepdene.

Tuesdays 2.00pm – 4.00pm Weekly

U3A Box Hill – Main Hall, 29 Strabane Avenue, Mont Albert North

S 68 Eastern Mahjong

Angela Fung, U3A Box Hill

Come along for some instruction and lots of time to play eastern style mahjong on a Monday afternoon.

(Members of U3A Deepdene may join this course as guests of U3A Box Hill.)

U3A Deepdene members intending to join this group should enrol through U3A Deepdene.

Mondays 1.00pm – 3.30pm Weekly

U3A Box Hill – Main Hall, 29 Strabane Avenue, Mont Albert North

VISITS AND OUTINGS

V 01 Greenlink Indigenous Plant Nursery

Helen Page, U3A Deepdene

Janet Russell and Robert Jones spoke to us about this volunteer run nursery in 2024 and Janet recently spoke to us about Gardens and our Senses so it will be interesting to see this Plant Nursery in operation. We will go behind the scenes and learn how they collect and grow some of the 200+ species. Plants will be available for purchase for \$2 for tube stock and marked prices for larger items. Following that we will have a walk around the adjacent park and see plants grown by the nursery.

While there, we will have morning tea provided by the Nursery.

Thursday 10am – 11.30am

23 October

41 Wimmera Street, Box Hill North

Important information about ENROLMENTS in:



News & Views
Short Courses
Technology Courses
Full Year Courses

Enrolments for all sections of our Program must be done online.

The complete Term 4, 2025 Program will be online by Monday December 2 and enrolments will be open then.

At the beginning of the vacation, the office will be open

9:30 – 12:00noon on Monday & Tuesday December 9 & December 10

If you do not have an email account, you will need to post a list of the courses you wish to attend to:

PO BOX 3149, COTHAM POST OFFICE, KEW, 3101.


The Office will be open before Term 4, 2025 starts:

Friday 10 October

10:00am – 12:00pm

If you do have an email account, enrol by logging in to MyU3A, via

www.u3adeepdene.org.au

From the U3A Deepdene homepage, click on the 'Member Access'  button.

This will take you to MyU3A and you can use your ID and Password, to access On Line Member Services.

If you have forgotten your password, phone 0408 019 815.

If you need help, send an email (anytime) to **u3adeepdeneinc@gmail.com**

or phone 0408 019 815

and someone will assist!



Office and main meeting rooms:

Balwyn Park Centre, Balwyn Park,

206A Whitehorse Road, Balwyn, 3103

(see page 10 for other venues)

Postal Address:

PO Box 3149, Cotham PO, Kew, 3101

Phone:

9817 7736 during office hours or 0408 019 815 at other times

Email:

u3adeepdeneinc@gmail.com

Website:

www.u3adeepdene.org.au